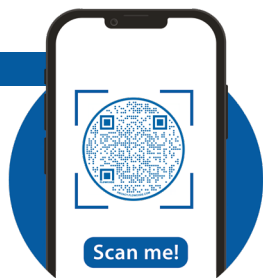


Charity Update



ISSUE 15 UNITED KINGDOM

DECEMBER 2023

HELPING YOUR COMMUNITY SINCE 1873

IN 2023, THE HOSPITAL SATURDAY FUND WILL GIVE:

£2.3 MILLION

In donations and grants to medical charities for care and research, hospices and hospitals across the UK, Malta and Ireland.

Assistance will also be given to individuals whose illness or disability has caused financial difficulties.



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Irish Embassy Reception



Paul Jackson, Group Chief Executive, The Hospital Saturday Fund, Lesley Garrett, HSF Patron, Graham Norton, celebrity supporter of Bantry Hospice, Damian Moloney, Bantry Hospice, John Greenwood, Chair, The Hospital Saturday Fund and Ambassador Martin Fraser, Embassy of Ireland.



The reception, commemorating the 150th anniversary of The Hospital Saturday Fund, took place at the Irish Embassy in London. Ambassador Martin Fraser hosted the event, during which The Hospital Saturday Fund donated a total of £160,000/€176,000 to thirty-one medical charities and organisations from Ireland and the UK. The occasion was enriched by the presence of Graham Norton, a celebrity supporter of Bantry Hospice, who presented the donations. Lesley Garrett, the Patron of The Hospital Saturday Fund, also participated in presenting to the recipient charities.

Among the beneficiaries, Bantry Hospice will allocate HSF's grant to their palliative care service in West Cork. The London Irish Centre's donation will support their Community Wellbeing & Health Navigation Programme. Spinal Injuries Ireland received a grant for their Peer-to-Peer Support Programme and Irish Dogs for the Disabled will use the funds for physiotherapy medical equipment.

Cure Leukaemia's grant will partially fund a Clinical Trials Research Nurse in the Trials Acceleration Programme, facilitating clinical trials at the Queen Elizabeth Hospital in Birmingham. The Teenage Cancer Trust's grant will aid the Youth Empowerment Programme for the Northeast, and Richard House Hospice's donation will support respite and palliative care for children with life-limiting illnesses.

Paul Jackson, Group Chief Executive of The Hospital

Saturday Fund, expressed delight in continuing the tradition of supporting charities in both Ireland and the UK. He highlighted the Fund's commitment to providing over £2.3/€2.5 million in grant-making funds to more than 600 charities in the past 12 months. The reception marked a special moment as grants were given to both Irish and British charities at the same event, underscoring the Fund's dedication to supporting communities for the past 150 years.

Mr Jackson extended gratitude to the Irish Embassy for hosting the reception, considering it a fitting venue given the Fund's heritage. In 2023, The Hospital Saturday Fund aims to contribute £2.3m/€2.5m in donations and grants to medical charities, hospices, and hospitals across Ireland and the UK. Assistance will also be provided to individuals facing financial difficulties due to illness or disability.



Charity Update



Medical Detection Dogs



Paul Jackson, Group Chief Executive and John Greenwood, Chair, The Hospital Saturday Fund with Emma Bird, Philanthropy Manager, Medical Detection Dogs.

Medical Detection Dogs train canines to detect the odour of human diseases, aiming to develop faster, more efficient, and less invasive diagnostics that lead to improved patient outcomes. Dogs, renowned for their sense of smell, have been recognised by doctors for centuries for their potential ability to detect diseases with characteristic odours.

Medical Detection Dogs goes further by applying the science of canine olfaction to benefit people. They train Medical Alert Assistance Dogs to detect minute changes in an individual's odour triggered by their disease, alerting them to an impending medical event. This proactive approach helps individuals manage complex, life-threatening medical conditions, ultimately enhancing their quality of life.

In a collaborative effort, Paul Jackson, Group Chief

Executive, and John Greenwood, Chair of The Hospital Saturday Fund, met with Emma Bird, Philanthropy Manager at Medical Detection Dogs. They presented a £10,000 cheque towards Community Medical Detection Dogs, supporting the detection of urinary tract infections in elderly, vulnerable, and neurologically compromised individuals. This contribution reflects a commitment to advancing medical detection methods and improving the well-being of those facing health challenges.

To find out more visit their website:
<https://www.medicaldetectiondogs.org.uk/>



Orthopaedic Institute



John Randel, Trustee, The Hospital Saturday Fund with Debra Alexander, Charity Manager, and Dr Ian Holt from the Orthopaedic Institute.

Spinal muscular atrophy (SMA) is a genetic disease occurring in approximately one in every 10,000 live births. This rare neuromuscular disorder results in muscle weakening, wasting, and movement difficulties. In the UK, about 70 babies are born with this condition annually, and around 1 in 40 individuals carry a copy of the altered gene responsible for SMA, though they don't manifest the condition themselves.

John Randel, Trustee, The Hospital Saturday Fund, met with Debra Alexander, Charity Manager, and Dr Ian Holt from the Orthopaedic Institute. They were presented with a £10,000 cheque towards a study exploring the potential of 'old' drugs, proven beneficial in treating other diseases, as either independent or complementary treatment therapies for adult Spinal Muscular Atrophy patients. The aim is to enhance their quality of life.

To find out more visit their website: <https://www.orthopaedic-institute.org/>



Welsh Air Ambulance Charitable Trust



Mark Davies, Trustee, The Hospital Saturday Fund, Hannah Mitchell, Chris Morley, Captain, Andrew Morris, Helicopter Transfer Practitioner, Welsh Air Ambulance Charitable Trust.

Wales Air Ambulance provides vital, round-the-clock, 365-days-a-year advanced medical care to people throughout Wales using helicopter emergency medical services and rapid response vehicles. They operate from four bases located in Cardiff, Llanelli, Welshpool, and Caernarvon.

Mark Davies, Trustee, The Hospital Saturday Fund, presented Hannah Mitchell, Chris Morley, Captain, and Andrew Morris, Helicopter Transfer Practitioner, from Welsh Air Ambulance Charitable Trust with £9,610. This funding is directed towards the acquisition of search and rescue Alpha 900 helmets for doctors and critical care practitioners. These helmets are indispensable for the crew, offering head protection, facilitating communication with crew members and patients, and providing night vision. Each helmet is individually customised, playing a crucial role in the operational capabilities of the air ambulance service.

To find out more visit their website:
<https://www.walesairambulance.com/>



Charity Update



Doctors in Distress



John Greenwood, Chair, Dominic Fox, Chair GMC and Natalie Bennett, GMC Member, The Hospital Saturday Fund with Amandip Sidhu Vice Chair, Founder and Trustee, Ann Paul, CEO, and Susan Basile, Head of External Affairs and Business Development, Doctors in Distress.

Doctors in Distress, a suicide prevention charity, was founded by Amandip Sidhu after the death of his brother, Dr Jagdip Sidhu in 2018. While doctors can face health challenges, there is a pervasive

sense in the profession that seeking help carries a stigma. Consequently, burnout and suicide rates among doctors surpass those in the general population. Current statistics reveal that in the UK, one doctor takes their own life every three weeks. In 2020 alone, 230 healthcare professionals took their own lives, with female doctors being two and a half times more likely than their male counterparts.

The Hospital Saturday Fund granted £10,000 to the Doctors in Distress Dr1in4 programme for medical students and Nurses2in3. This falls under the programme name Reflective Spaces for both nurses and midwives. These programmes aim to enable young people embarking on a medical career and junior doctors, as well as nurses and midwives, to more fully understand the prevalence of stress and burnout.

Doctors in Distress strives to eliminate the stigma around mental health in the medical profession and shift the mindset of many medical professionals across the UK. This effort comes at a time when public support has declined, but the workload has increased.

To find out more visit their website:
<https://www.walesairambulance.com>



Individual Grant Update



Rae experiences fibromyalgia, PTSD, and dyspraxia, resulting in significant mobility challenges and mental health struggles. An assistance dog could significantly benefit Rae by providing support for PTSD, physical pain, and mobility issues. The trained dog would assist in tasks like dressing and undressing, retrieving medication, and calling for help.

Rae was awarded £900 to contribute to the training of the assistance dog. This funding will play a crucial role in enhancing Rae's daily life, providing support tailored to their specific needs and improving their overall well-being.

"She is terrific! Camille does medical alerts (informs me when my cortisol levels are rising prior to medical episodes including brain fog, intense pain, and mobility difficulties), steers me away from moving traffic and parks me somewhere safe when I am having brain fog and I am unaware of my surroundings, she helps with dressing and undressing, opens doors for me when my hands are too stiff to do so, fetches medication when I've had a fall so that I can get back up again, and so much more. She's absolutely amazing."

Individual Grant Update

Jaiden, who is nonverbal due to a genetic disability, relies on a wheelchair and an eye-gazing communication aid for assistance. Unfortunately, Jaiden had been confined indoors for an extended period. His primary caregiver, his grandmother, faces the challenge of cervical kyphosis, and pushing Jaiden in a wheelchair exacerbates the migraines associated with her condition. Given Jaiden's love for the outdoors and residing in a rural, hilly area, an off-road powerchair became a necessity.

The Hospital Saturday Fund generously awarded Jaiden £1,000 towards a new Trekkinetic Chair. This chair has now opened up numerous possibilities, enabling Jaiden to explore a variety of places. Jaiden's family expressed their gratitude for this invaluable support.

"Yes we have the wheelchair and it's fantastic, Jaiden is so much happier in it... We have already been out to a few places that we weren't able to before, this weekend we went to the Hertfordshire Show, which is on hilly, grassy land with gravel paths and we had no issues. I can't thank you and the charities that helped raise the money enough, I can already see the benefits and we have only had the chair a few weeks."



Charity Update



THE CHARITY TEAM

Paul Jackson
Group Chief Executive

Dee Wright
Charity & Events
Manager

Ana Vega
EA to the
Group Chief Executive

Joanna Moore
Boards Administrator

Baldeep Thind
Charity Coordinator

Jenny Summerfield
Charity Administrator

Michelle Fletcher
Charity Coordinator



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The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people to afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF Health Plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF Health Plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2023 The Hospital Saturday Fund will give £2.3 million in donations and grants to medical charities, hospices and hospitals across Ireland, Malta and the UK. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

Grant Information

Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Isle of Man, Channel Islands, Malta and Republic of Ireland;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see The Hospital Saturday Fund's website for criteria and link to the online application form:

www.hospitalsaturdayfund.org

Applications for Organisations:

GMC 23 January 2024

Standard Grants of £2,000 or €3,000 – deadline 4 January 2024

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2023

GMC 24 May 2024

Standard Grants of £2,000 or €3,000 – deadline 1 May 2024

Large Grants of up to max £10,000 or €13,500 – deadline 3 April 2024

GMC 6 August 2024

Standard Grants of £2,000 or €3,000 – deadline 10 July 2024

Large Grants of up to max £10,000 or €13,500 – deadline 12 June 2024

GMC 17 October 2024

Standard Grants of £2,000 or €3,000 – deadline 23 September 2024

Large Grants of up to max £10,000 or €13,500 – deadline 27 August 2024

GMC January 2025 (all dates for 2025 meetings to be confirmed in December 2024)

Standard Grants of £2,000 or €3,000 – deadline 3 January 2025

Large Grants of up to max £10,000 or €13,500 – deadline 2 December 2024



Contact us today and find out how we can help your company

www.hsf.co.uk 0800 917 2208

Helping your employees with everyday health cost

With HSF Health Plan your employee can get affordable cover which includes HSF Assist, our Employee Assistance Programme, and covers their family at no extra cost.



HSF Health Plan Ltd is the trading company of The Hospital Saturday Fund, a Registered Charity in the UK No 1123381 and in Ireland Registered Charity No 20104528. In Ireland HSF Health Plan Ltd is authorised and regulated as a Third Country Branch by the Central Bank of Ireland. Registered as Company no 904935, their registered office is at 5 Westgate Business Park, Kilrush Road, Ennis, Co. Clare. In the UK HSF Health Plan Ltd is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Registered as Company in England No 30869, their registered office is at 24 Upper Ground London SE1 9PD.