



The Hospital  
Saturday Fund®

## Charity Newsletter

ISSUE 2 – SCOTLAND ISSUE  
FEBRUARY 2025



# Helping Your Community Since 1873

**£2.25 Million Donated in 2024**

In donations and grants to medical charities for care and research, hospices and hospitals across the UK, Republic of Ireland, and Malta. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

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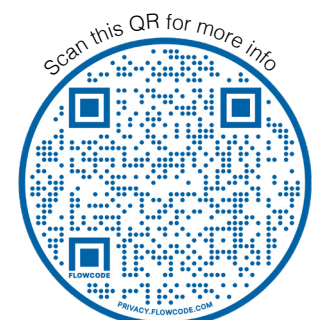
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Twenty-five Scottish charities receiving donations from The Hospital Saturday Fund at Glasgow City Chambers.

## Glasgow Reception

The Hospital Saturday Fund donated grants to twenty-five Scottish charities at a special reception hosted at Glasgow City Chambers on 29 February 2024. In total, £110,000 was donated to the charities at the event, which was hosted by The Lord Provost of Glasgow, Councillor Jacqueline McLaren.

Among the beneficiaries was Beatson Cancer Charity which received a donation towards replacing their chemotherapy treatment chairs. The charity Spina Bifida Hydrocephalus Scotland received a grant to fund a specialist nurse in the West of Scotland and Clan Cancer Support's grant will be used to fund complementary therapy sessions for people affected by cancer across Scotland. Also receiving grants were Scottish Cot Death Trust to enable them to provide bereavement support, and Blood Bikes Scotland who will use their grant towards funding a replacement vehicle. Capability Scotland received a grant to improve postural care training and awareness, and the Chest Heart & Stroke Scotland's donation will be used to provide community healthcare support services.

Speaking at the reception The Lord Provost of Glasgow, Jacqueline McLaren, celebrated the extraordinary work of all the charities receiving donations from The Hospital Saturday Fund. The Lord Provost of Glasgow, Jacqueline McLaren, had nominated Lord Provost's Funds as her chosen charity for the event, and the donation from HSF will support applications relating to the areas of medical need, ill health or disability.

Paul Jackson, Group Chief Executive of The Hospital Saturday Fund said:

*"We are delighted to continue the tradition of supporting many wide-ranging charities in Scotland, many of which are less well-known. The Hospital Saturday Fund is honoured to support the efforts of such deserving charities and help in some way towards the exceptional, tireless work that they do in making such a huge and positive difference to people's lives."*

# Camphill School Aberdeen

In 1939 a group of pioneering Austrian refugees fleeing World War II, led by Dr Karl König, arrived in Aberdeen and piloted the very first school and shared living community in the UK for children with learning disabilities. In 1940 Camphill School was founded, integrating education and craft workshops with the principles of modern medicine, psychiatry and the circular economy before they were widely recognised - this was a highly innovative move at the time. Since then, it has grown to become a worldwide movement and now consists of over 120 independent charities globally, six of which are based in the north-east of Scotland. Each has a shared mission to transform the lives of children and adults with learning disabilities and complex additional support needs.

The £2,000 grant contributed to the construction of an 11-bedroom specialist residential house, designed to provide 24-hour support and medical care for young people with learning disabilities and complex additional support needs, requiring a minimum of 1:1 support.

Their mission is simple – to transform the lives of vulnerable children and young people with learning disabilities and complex additional support needs. They empower them to grow in confidence, skills, and independence to reach their fullest potential.



Warren Vale, Senior Account Executive, HSF Health Plan, presenting £2,000 to Martin Alfred, Safety, Community & Management Support Officer, Camphill School Aberdeen. The grant will go towards the independent living wing in the new residential care home for young people with complex additional support needs

To find out more visit their website:

[www.camphillschools.org.uk](http://www.camphillschools.org.uk)



Camphill School Aberdeen  
Building Futures, Transforming Lives

# Glasgow RDA



June Devlin, Charity Volunteer Supporter, HSF, presenting £2,000 grant to Marie Brown, Chairperson & Laura McConnachie, Senior Yard Worker, with the lovely ponies Oli and Bailey. The grant will go towards funding twelve patients of Glasgow's Children's Hospital with Hippotherapy.

To find out more visit their website: [www.rdaglasgow.org](http://www.rdaglasgow.org)



RDA Glasgow Group is an inclusive charity offering equine therapy to Glasgow's disabled community, who's aim is to offer the best experience of ridden and non-ridden equine assisted therapy and activities to over 150 participants. They are the only riding centre in the City of Glasgow offering adapted horse-riding, stable management, and Tea with a Pony to help disabled people of all ages, experience physical and emotional rewards. They provide 21 hours of RDA services each week and six hours of hippotherapy, (physiotherapy on horseback).

Weekly hippotherapy sessions are led by the physiotherapist and trained volunteers. The therapeutic aim is to develop stamina and core strength in young children who require assistance with everyday activities. They face daily challenges due to diagnosis of rare conditions, severe Cerebral Palsy, and recovering from Cancer treatment. Hippotherapy riders are encouraged to lift their upper body by pushing up from the saddle pad when the horse is in motion. This develops muscle tone and trunk control bringing positive change to their personal independence. The hope is that children remember the fun and friendships from their hippotherapy sessions.

# Capability Scotland

Capability Scotland was founded in 1946 and have always strived to be a major ally in supporting disabled people to have full equality of opportunity and participation as citizens of Scotland. They deliver exemplary care, support, and education for disabled children and adults across Scotland supporting around 1,000 individuals who are disproportionately affected by the risk of detrimental musculoskeletal changes.

In response to the launch of the National Postural Care Strategy and in line with the charity's values and aims, the £10,000 grant will go towards rolling out postural care training for all staff who physically support disabled people with a range of activities in their daily lives. This would equip staff across our services to identify detrimental postural and body shape changes, problem-solve poor positioning, and act appropriately when referrals for intervention from healthcare professionals are required. This will help to prevent long-term health and functional complications related to body shape deformity.



Paul Jackson, Group Chief Executive, HSF, presenting a £10,000 grant to Elaine Shepherd, Trust & Foundations Officer, Capability Scotland, with The Lord Provost of Glasgow Councillor Jacqueline McLaren. The grant will be going towards Improving Postural Care Training and Awareness.

To find out more visit their website: [www.capability.scot](http://www.capability.scot)



# Visibility Scotland



June Devlin, Charity Volunteer, The Hospital Saturday Fund, presenting a grant of £9,000 to Laura Walker, CEO, Emma Scott, Head of Operations, Audrey and Claire MacLavery, Fundraising, Visibility Scotland.

To find out more visit their website: [visibilityscotland.org.uk](http://visibilityscotland.org.uk)



Visibility Scotland

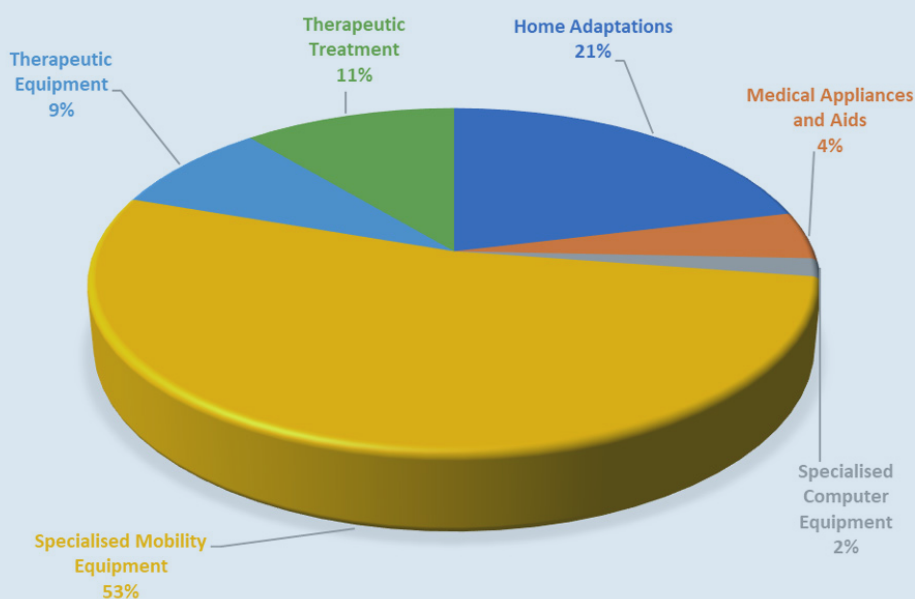
Visibility Scotland, established in 1859 to support blind people in Glasgow and the West Coast, now helps over 3,100 visually impaired people annually as a national charity. With a team of 25 staff, a third with sight loss, and a board with 55% directly affected by vision loss, they reinvest income from training packages into sight loss services. They have offices in Glasgow, Dumfries, and Edinburgh, with Patient Support Workers in five major Scottish hospitals.

The £9,000 grant will support The Listening Ear Project, promoting well-being for those with sight loss through coaching and tailored communication. The project tackles loneliness, boosts confidence, and encourages independence, helping individuals set goals and embrace life with a positive mindset.

# 2024 Approved Scotland Individual Category Grants

In 2024, The Hospital Saturday Fund has awarded 20 grants to individuals in Scotland, with amounts ranging from £90 to £2,000. The total awarded so far is £14,570.36.

We have received a wide variety of requests, including funding for mobility scooters, equine therapy, riser recliner chairs, and wheelchair adaptations. Each grant has helped provide vital support and enhanced independence for the individuals in need.



## Individual Quotes



### **Pauline - Mobility Scooter**

"This grant has been most welcomed which will allow Pauline to purchase her first mobility scooter, therefore aiding outdoor mobility and offering the opportunity to get outdoors more."



### **Eleanor – Bed and Mattress**

"Eleanor is very grateful for your support; the bed will significantly improve her quality of life."



### **Louisa – Mobility Scooter**

"The carer shared that this has made a massive difference to her and her husband who she cares for, as she is now able to independently go to the local shops. She has asked me to pass on her gratitude and many thanks. I also want to say thank you, as this funding has enabled me to support a carer to access what she needed but was unable to fund until HSF made it all come true. Keep up the good work. That is a BIG THANK YOU"



### **Angela - Orthopaedic Mattress**

"Thank you so much for the grant award. Angela will be over the moon and it will allow her to purchase the mattress she desperately needs. It is very much appreciated"



### **Daniel - Therapeutic Massaging Mat**

"I would like to thank Hospital Saturday Fund for awarding the grant Daniel's family and I are very grateful. THANK YOU"

## About Us

The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF Health Plan, one of the leading health cash plans in the UK, Republic of Ireland and Malta. Profits from the trading company, HSF Health Plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2025 The Hospital Saturday Fund will give £2.3 million in donations and grants to medical charities, hospices and hospitals across the UK, Republic of Ireland and Malta. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

## Meet The Charity Team

**Paul Jackson**  
Group  
Chief Executive

**Dee Wright**  
Charity &  
Events Manager

**Ana Vega**  
EA to the Group  
Chief Executive

**Michelle Fletcher**  
Senior Charity  
Coordinator

**Baldeep Thind**  
Charity  
Coordinator

**Jenny Summerfield**  
Charity  
Administrator

**Joanna Moore**  
Boards  
Administrator



## Grant Information

### Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Republic of Ireland, Isle of Man, Channel Islands and Malta;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see The Hospital Saturday Fund's website for criteria and link to the online application form:

[www.hospitalsaturdayfund.org](http://www.hospitalsaturdayfund.org)

### Applications for Organisations:

#### GMC 21 January 2025

**Standard Grants** of £2,000 or €3,000 – deadline 3 January 2025

**Large Grants** of up to max £10,000 or €13,500 – deadline 2 December 2024

#### GMC 7 May 2025

**Standard Grants** of £2,000 or €3,000 – deadline 9 April 2025

**Large Grants** of up to max £10,000 or €13,500 – deadline 12 March 2025

#### GMC 5 August 2025

**Standard Grants** of £2,000 or €3,000 – deadline 9 July 2025

**Large Grants** of up to max £10,000 or €13,500 – deadline 11 June 2025

#### GMC 11 November 2025

**Standard Grants** of £2,000 or €3,000 – deadline 14 October 2025

**Large Grants** of up to max £10,000 or €13,500 – deadline 16 September 2025

#### GMC January 2026 (all dates for 2026 meetings TBC in December 2025)

**Standard Grants** of £2,000 or €3,000 – deadline 5 January 2026

**Large Grants** of up to max £10,000 or €13,500 – deadline 2 December 2025