



The Hospital Saturday Fund®



The Hospital Saturday Fund

Charity Newsletter

ISSUE 17 – UNITED KINGDOM
DECEMBER 2024



Helping Your Community Since 1873

£2.25 Million Donated in 2024

In donations and grants to medical charities for care and research, hospices and hospitals across the UK, Republic of Ireland, and Malta. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

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John Greenwood, Chair, The Hospital Saturday Fund presenting £5,000 to Amandip Sidhu, Founder, with Susannah Basile, Head of External Affairs and Business Development, Doctors in Distress.

Association Meeting

On 16th October 2024, we held our Association Meeting at RBC Brewin Dolphin, London, where we were delighted to award grants totalling £20,000 to six deserving charities. We were especially pleased to welcome Amandip Sidhu, founder of Doctors in Distress, as our guest speaker.

Amandip's journey began in 2019, following the heartbreaking loss of his brother, Jagdip, a devoted consultant cardiologist. Driven by the desire to prevent others from enduring similar hardships, Amandip founded Doctors in Distress with the mission to provide support and hope to healthcare workers across the UK. By turning his personal grief into a movement, he has made significant strides in promoting mental well-being among those who tirelessly care for others.

In recognition of these efforts, Doctors in Distress received the Caroline Flack Mental Health Hero Award in 2023—a testament to Amandip's unwavering dedication to ensuring healthcare workers receive the support they need to safeguard their mental health and prevent further tragedies.

The meeting concluded with the presentation of grant cheques to Dyscover Ltd, St Luke's Hospice Basildon & District Limited, Compaid Trust, Wormwood Scrubs Pony Centre, and Phab Ltd.

John Randel stepped down from both the Charity and Health Plan Boards. Sadly, he was unable to attend in person, but he was recognised for his invaluable contributions to The Hospital Saturday Fund. John has been an Association member of the Hospital Saturday Fund since 2001, a Board Director since 2003, and served as Chair of HSF Health Plan from 2012 to 2022. In addition, John has held the role of Chair for several key committees, including the HR Committee and the Grant Making Committee.

We extend our heartfelt thanks to John for his dedicated service and exceptional leadership over the years. We wish him all the best in his future endeavours and are deeply grateful for the lasting impact he has made on the organisation.

Oxygen and Wellness Centre

Established since 1985 the Oxygen and Wellness Therapy Centre exists to help and support those living with long term health conditions, with a special focus on Multiple Sclerosis and other neurological disorders.

They provide members with access to a variety of therapies including hyperbaric oxygen, reflexology, massage and exercise classes. They welcome people with any health condition and their carers, as well as those with sports injuries or post operative recovery needs. Most recently they have had positive results supporting those living with Long Covid.

John Randel, Association Member, The Hospital Saturday Fund, presented £5,500 to Samantha Stacey, Centre Manager and Lisa Shaw, Chair of the Trust, Oxygen and Wellness Centre. The grant will go towards medical oxygen supplies.

Oxygen therapy is used for many neurological conditions including: Multiple sclerosis; chronic fatigue syndrome (ME); Parkinson's and also for treatment of soft tissue cancers.



John Randel, Association Member, The Hospital Saturday Fund with Samantha Stacey, Centre Manager and Lisa Shaw, Chair of the Trust, Oxygen and Wellness Centre.

To find out more visit their website:
www.herefordoxygenandwellness.co.uk

Oxygen & Wellness
Therapy Centre

Cure Leukaemia



Mark Davies, Trustee, The Hospital Saturday Fund with James McLaughlin, Chief Executive, Cure Leukaemia.

To find out more visit their website: www.cureleukaemia.co.uk

Cure Leukaemia (CL) works with the sole aim of eradicating blood cancer within a generation by funding the Trails Acceleration Programme (TAP) across 15 specialist centres across the UK. Over 50,000 people are living with a form of blood cancer in the UK. CL's TAP network has connected with 20,000+ individuals. With the expansion of the specialist centres from 12 to 15 in 2023 that number continues to rise.

Mark Davies, Trustee, The Hospital Saturday Fund, presented £10,000 to James McLaughlin, Chief Executive, Cure Leukaemia. The grant will go towards part-funding of a Research Nurse at The Royal Marsden Hospital to enable and accelerate the delivery of globally significant, practise-changing clinical trials. Research nurses form a vital part of a patient's individual care, acting as a single point of contact throughout their gruelling treatment.

Sight for Surrey

Sight for Surrey, founded in 1922 and based in Fetcham, Surrey, supports over 8,000 people annually with sight and hearing impairments.

The Eye Clinic Liaison Service (ECLS) helps those diagnosed with sight loss by connecting them to social care and offering in-home support. With three Eye Clinic Liaison Officers, the service works with five major hospital trusts in Surrey, assisting 1,500 people each year. The service costs £77,118 annually and relies on external funding, which is why Sight for Surrey applied for a £5,000 grant.

ECLS provides emotional support, home advice, and practical aids, including magnifiers and voice-activated gadgets, to help people manage their condition. Many of those supported live alone, making these services crucial.

The grant will help fund the Eye Clinic Liaison Service, which bridges the gap between medical care and ongoing community support, following the Eye Clinic Pathway set by the Royal College of Ophthalmologists.



Paul Jackson, Group Chief Executive and John Greenwood, Chair, The Hospital Saturday Fund, presenting £5,000 to Justine Jasper, Head of Charity Services and Clare Burgess, CEO, Sight for Surrey.

To find out more visit their website: www.sightforsurrey.org.uk



Service Dogs Malta Foundation



Paul Jackson, Group Chief Executive, Jane Dalton, Vice Chair, Glyn Tomlinson, GMC Member, The Hospital Saturday Fund, Lynn Richards-Cole, Non-Executive Director, HSF Health Plan, with Joseph Stafrace, Founder, Service Dogs Malta Foundation, alongside the dog trainers and service users.

To find out more visit their website: www.servicedogsmlta.org



Service Dogs Malta was founded to help provide Service Dogs to increase independence for adults and children with a disability by helping them carry out daily living activities they also provide therapy, companionship and a way to socially interact with others.

Once a puppy is purchased, they are given medical checks and then placed with a family called puppy raisers where they will be exposed to different places and set ups and offer services to the community like the elderly and children with special needs. Whilst they are in training the charity pays for all their expenses from food to medical expenses.

At present Service Dogs Malta's focus is to train dogs to help children who are on the autistic spectrum or who need an alert to check their blood sugar level in cases of hyper- or hypoglycaemia.

The Hospital Saturday Fund awarded Service Dogs Malta Foundation €13,500, towards funding more service dogs for adults/children in Malta, providing food, medical expenses, neutering and marketing for the dogs.

Individual Grants

Adam is 36-year-old with a very rare condition SPG35 FA2H which is progressive and spasticity affecting the skeletal muscles and is also nonverbal & fulltime wheelchair user. Adam received a grant of £1,998.48 towards a new shower commode chair to use for showing and toileting. It was heartwarming to receive the below from Adam's family.

"We would like to say a huge THANK YOU to your charity for kindly providing the full funding for our darling son, Adam, to have the adaptations needed to help him be more comfortable on his RAZ commode. Adam has had a very difficult couple of months and anything to help boost his daily comfort is extremely welcome. We were very impressed to learn that your Chairman came to Bradbury House to meet Adam herself, which is so lovely, and I hope she can relay how your generosity can make such a difference to someone in Adam's position. Finally, we would like to say the financial help you have provided for Adam is greatly appreciated by all of us who love and care for Adam and we hope The Hospital Saturday Fund thrives and continues to help others in their hour of need."



New shower commode chair for Adam.



Boronica received a grant to support her post-operative rehabilitation physiotherapy.

Boronica is a delightful 3-year-old who has been diagnosed with Periventricular Leukomalacia (PVL) and Spastic Quadriplegic Cerebral Palsy. She recently received an £800 grant to support her post-operative rehabilitation physiotherapy following Selective Dorsal Rhizotomy. It was heartwarming to receive the following message from her parents:

"Firstly, thank you so very much for awarding such a generous amount for my daughter, Boronica.

As a family we are very grateful for this donation and will really push her post SDR (Selective Dorsal Rhizotomy) to ensure we maximise her potential in the 2-year rehabilitation period. I have attached a picture taken the first week of SDR.

One of the benefits in removing spasticity is her ability to more easily open her legs which we knew would be beneficial for hygiene for both the caregiver and Boronica, particularly as she got older. She is due to have hip surgery in January partially due to the spasticity pre op which would have been causing migration to the hips"

About Us

The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF Health Plan, one of the leading health cash plans in the UK and Republic of Ireland. Profits from the trading company, HSF Health Plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2024 The Hospital Saturday Fund will give £2.25 million in donations and grants to medical charities, hospices and hospitals across the UK, Republic of Ireland and Malta. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

Meet The Charity Team

Paul Jackson
Group
Chief Executive



Dee Wright
Charity &
Events Manager



Ana Vega
EA to the Group
Chief Executive



Michelle Fletcher
Charity
Coordinator



Baldeep Thind
Charity
Coordinator



Jenny Summerfield
Charity
Administrator



Joanna Moore
Boards
Administrator



Grant Information

Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Republic of Ireland, Isle of Man, Channel Islands and Malta;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see The Hospital Saturday Fund's website for criteria and link to the online application form:

www.hospitalsaturdayfund.org

Applications for Organisations:

GMC 21 January 2025

Standard Grants of £2,000 or €3,000 – deadline 3 January 2025

Large Grants of up to max £10,000 or €13,500 – deadline 2 December 2024

GMC 7 May 2025

Standard Grants of £2,000 or €3,000 – deadline 9 April 2025

Large Grants of up to max £10,000 or €13,500 – deadline 12 March 2025

GMC 5 August 2025

Standard Grants of £2,000 or €3,000 – deadline 9 July 2025

Large Grants of up to max £10,000 or €13,500 – deadline 11 June 2025

GMC 11 November 2025

Standard Grants of £2,000 or €3,000 – deadline 14 October 2025

Large Grants of up to max £10,000 or €13,500 – deadline 16 September 2025

GMC January 2026 (all dates for 2026 meetings TBC in December 2025)

Standard Grants of £2,000 or €3,000 – deadline 5 January 2026

Large Grants of up to max £10,000 or €13,500 – deadline 2 December 2025