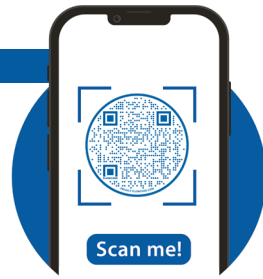


Charity Update



HELPING
YOUR
COMMUNITY
SINCE 1873

**IN 2024, THE
HOSPITAL
SATURDAY FUND
WILL GIVE:**

€2.4 MILLION

In donations and grants to medical charities for care and research, hospices and hospitals across the UK, Malta and Ireland.

Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

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Anne Sullivan Foundation



Cathal Nolan, GMC Member, The Hospital Saturday Fund, with Matt Tuohy, Fundraising Manager, Anne Sullivan Foundation.

The foundation was established in 1989 by a group of concerned parents and friends, who had struggled to gain the support and services their own children needed.

The Anne Sullivan Foundation maintains four houses in Dublin to provide accommodation and a community for people who are deafblind and can benefit from the supports provided by the Anne Sullivan Centre. To ensure the residences are adapted and maintained to a high standard they required funding to refurbish and upgrade three ensuite bathrooms to ensure their quality and accessibility. This worthy project will positively impact the everyday

experience and quality of life for two residents who are deafblind ensuring they have access to personalised, high quality bathroom facilities, enabling them to live more independently and giving them more dignity.

Cathal Nolan, GMC Member, The Hospital Saturday Fund, presented €13,500 to Matt Tuohy, Fundraising Manager at Anne Sullivan Foundation for this project.

To find out more visit their website: www.annesullivan.ie



Breakthrough Cancer Research



Cal Healy, Vice Chair GMC, The Hospital Saturday Fund, with Orla Dolan, CEO, Breakthrough Cancer Research.

Breakthrough Cancer Research (BCR) is a Cork based Irish cancer research Charity working to significantly improve the number

of people who can survive this all too common and terrible disease.

Electrochemotherapy is a treatment for skin cancer and involves chemotherapy drugs being injected directly into cancer cells. A special probe is introduced to the skin to send an electric pulse into the tumour, which changes the composition of the cancer cell, allowing the chemotherapy to enter the cell more efficiently.

Electrochemotherapy is also significantly less invasive than other methods and can treat sensitive areas that are not easy to operate on and, as opposed to radiotherapy, can be given more than once if the cancer returns. The elderly and those who cannot tolerate anaesthetic can receive electrochemotherapy, which can be administered in an

outpatient setting.

In Ireland there is only one clinician who can administer electrochemotherapy; it is BCR's aim to change this and provide widespread adoption of this service. Cal Healy, Vice Chair GMC, The Hospital Saturday Fund, presented Orla Dolan, CEO, Breakthrough Cancer Research a grant of €13,500 towards Health Technology Assessment of the Novel Treatment Electrochemotherapy for the treatment of skin cancers.

To find out more visit their website: www.breakthroughcancerresearch.ie



Charity Update

Dublin Rape Crisis



Margaret Rogers, Trustee, The Hospital Saturday Fund, with Cian O'Brien, 24-hour helpline DRCC & Kirsty Cawthorn, Head of Fundraising, Dublin Rape Crisis Centre.

Dublin Rape Crisis (DRCC) is a charity that prevents the harm and heals the trauma of

rape and sexual violence. They have led Ireland's response to sexual violence since they were formed in 1979. DRCC's crisis support consists of their National 24-hour helpline and Web Chat. Crisis support is available 24 hours a day 365 day per year. Their support does not stop. These services are available to anyone across Ireland and in theory, globally. In fact, these services have been accessed by a small percentage of people across the world. The service is run with a combination of paid staff and highly trained volunteers.

It is vital, therefore, that DRCC train up more volunteers on both their web chat and crisis helpline to deal with the significant

increase in contacts to their services. It is of the utmost importance that survivors of sexual abuse, who has made the very brave move to contact the centre, can access the service without delay.

The grant will help secure this essential service for the 15,000+ contacts they expect to receive this year from people suffering with mental health in the aftermath of sexual violence.

To find out more visit their website: www.drcc.ie



Polio Survivors



Paul Jackson, Group Chief Executive and Mark Davies, Trustee, The Hospital Saturday Fund, Paul Clare, Managing Director, HSF Health Plan, with Megan Saunders Smith, Communications and Fundraising Assistant, Zaynab Salman, Director, Emma Clarke Conway Communications and Development Officer, Polio Survivors Ireland.

Polio Survivors Ireland was set up in 1993 as the Post-Polio Support Group by polio survivors who were experiencing the Late Effects of Polio (Post-Polio Syndrome). Post Polio Syndrome (PPS) is a progressive neurological condition that can occur decades after initially contracting the polio virus.

Services and supports are provided based on needs identified through consultation with members. The Board is made up of polio survivors as well as other skilled individuals. This is a growing charity who now have nine staff members.

A particular issue faced by polio survivors is an extreme intolerance to cold. The

winter months, in particular, can be stressful to their members. Paul Jackson, Group Chief Executive, Mark Davies, Trustee, The Hospital Saturday Fund and Paul Clare, Managing Director, HSF Health Plan visited Polio Survivors Ireland to present them with a grant of €13,500 towards their Winter Heating Grant to assist with the high heating costs experienced by their members.

To find out more visit their website: www.polio.ie



Irish Heart Foundation



Margaret Rogers, Trustee, The Hospital Saturday Fund with Mireya Gines, Senior Grants Officer, Irish Heart Foundation.

The Irish Heart Foundation was founded in 1966 and is Ireland's national heart and stroke charity. They are a community of people who fight to protect the cardiovascular health of everyone in Ireland.

Upon leaving hospital, many stroke survivors feel vulnerable as there are insufficient rehabilitation services available in their community. The Irish Heart Foundation is trying to address this situation by running monthly 20 in-person Stroke Support Groups across the country. These groups offer vital emotional support, education, and a sense of community to stroke survivors.

To ensure the safety of these groups, The Hospital Saturday Fund awarded The Irish Heart Foundation €13,500 to purchase vital lifesaving equipment, 10 defibrillators, and 10 first aid kits which are essential for handling a wide range of medical emergencies.

To find out more visit their website: www.irishheart.ie



Charity Update

Down Syndrome Cork



Laura Long, Account Executive, HSF Health Plan, presenting €13,500 to Alison Nolan, Chairperson, and Debbie Kelleher, Care Co-ordinator, Down Syndrome Cork.

Field of Dreams is a purpose-built centre by Down Syndrome Ireland. It is an initiative that aims to create a training and employment facility for adults with DS. The project focuses

on horticulture, agriculture as well as life skills development, providing opportunities for the adults to gain access to paid, sustainable work.

Their courses are designed specifically for their adults to provide them with the skills and experience needed to reach their potential. For some this will move them towards a life of greater independence and self-reliance. For others, it will move them towards paid work. They have support from the Munster Agricultural Society who in turn get funding from the Department of Agriculture.

During a tour, Debbie Kelleher, Care Co-ordinator, and Alison Nolan, Chairperson, highlighted the crucial role of farming as the cornerstone of their facility. The Department of Agriculture

funding is vital, and their status as farming land, obtained from Munster Agriculture, is pivotal for continued support. They also rely heavily on fundraising and grant applications.

To help the charity continue to provide this service into 2024 they were awarded €13,500 by The Hospital Saturday Fund, towards the Field of Dreams Social Farming Initiative, providing opportunities for adults with Down Syndrome ongoing learning and growth to support them to access paid, sustainable work.

To find out more, visit their website: www.downsyndromecork.ie



Individual Grant Updates

Educational Equipment

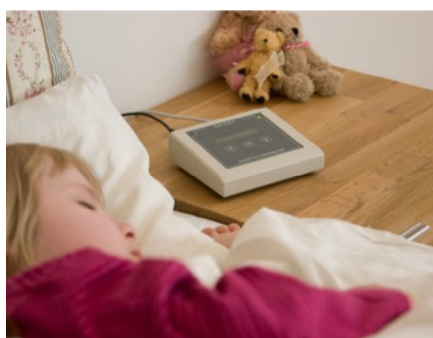


Olivia had an incomplete spinal cord injury in 2013 following a spinal cord tumour at C4/C5 undergoing a 7.5-hour operation to remove the tumour. It has not been an easy journey for Olivia who we were delighted to have been able to award a €390 grant towards the purchase of a laptop with in-built accessibility features which is crucial for Olivia to continue her volunteer work with DisABILITY Louth and supporting female Ukrainian refugees and their

children in the local area using her teaching skills to educate them.

"Many thanks to the Hospital Saturday Fund for supplying the new laptop. It means I can access online art classes facilitated by Spinal Injuries Ireland. I can work from the comfort of my own home and connect with other service users. It's been invaluable to me and for my overall well-being."

Seizure Detection Device



We were delighted to have issued an individual grant for €1,500 to a lovely 3yr old who needed a seizure detection device, which allows people with Epilepsy some independence and enabling them to sleep independently in their own room. The Epi-Care system can precisely measure the motor activity associated with a seizure while the child is in bed by using a sensor or sensors fixed to the mattress, and alerts the parents that a seizure is taking place.



Charity Update



THE CHARITY TEAM

Paul Jackson
Group Chief Executive

Dee Wright
Charity & Events
Manager

Ana Vega
EA to the
Group Chief Executive

Joanna Moore
Boards Administrator

Baldeep Thind
Charity Coordinator

Michelle Fletcher
Charity Coordinator

Jenny Summerfield
Charity Administrator

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The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF Health Plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF Health Plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2024 The Hospital Saturday Fund will give €2.4 million in donations and grants to medical charities, hospices and hospitals across Ireland, Malta and the UK. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

Grant Information

Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Isle of Man, Channel Islands, Malta and Republic of Ireland;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see the HSF website for criteria and link to the online application form:

www.hospitalsaturdayfund.org

Applications for Organisations:

GMC 23 January 2024

Standard Grants of £2,000 or €3,000 – deadline 4 January 2024

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2023

GMC 24 May 2024

Standard Grants of £2,000 or €3,000 – deadline 1 May 2024

Large Grants of up to max £10,000 or €13,500 – deadline 03 April 2024

GMC 6 August 2024

Standard Grants of £2,000 or €3,000 – deadline 10 July 2024

Large Grants of up to max £10,000 or €13,500 – deadline 12 June 2024

GMC 13 November 2024

Standard Grants of £2,000 or €3,000 – deadline 17 October 2024

Large Grants of up to max £10,000 or €13,500 – deadline 24 September 2024

GMC January 2025 (all dates for 2025 meetings to be confirmed in December 2024)

Standard Grants of £2,000 or €3,000 – deadline 3 January 2025

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2024



Contact us today and find out how we can help your company

www.hsf.ie 0818 473 473

Helping your employees with everyday health cost

With HSF Health Plan your employee can get affordable cover which includes HSF Assist, our Employee Assistance Programme, and covers their family at no extra cost



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