

Charity Update

HELPING
YOUR
COMMUNITY
SINCE 1873

IN 2023, THE
HOSPITAL
SATURDAY FUND
WILL GIVE:

€2.5 MILLION

In donations and grants to medical charities for care and research, hospices and hospitals across the UK, Malta and Ireland.

Assistance will also be given to individuals whose illness or disability has caused financial difficulties.



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Cork Reception



28 Charities receiving grants from The Hospital Saturday Fund at a reception hosted by Lord Mayor of Dublin Caroline Conroy at The Mansion House, Dublin

At a Special Reception in Dublin twenty-eight Irish charities received donations from The Hospital Saturday Fund. In total, €136,000 was donated to the medical charities and organisations at the event, which was hosted by the Lord Mayor of Dublin Caroline Conroy.

Among the beneficiaries were Trinity College Dublin which received a donation to help support vital training by funding student Medical Electives. Parkinson's Association of Ireland who received a donation towards the education facilitation for members via access to therapists. Barnardos Ireland received a grant towards their special needs service programme and CRY Ireland's grant will be used towards the purchase of heart rhythm monitors. Also receiving grants were Fighting Blindness towards their Target 5000 programme and the Irish Therapy Dogs will use their grant to fund dog therapeutic services to all residents in nursing homes, hospitals, and schools. A grant was made to LauraLynn – Ireland's Children's Hospice to support their important work as well as the Dublin Swifts to assist upgrading their sports wheelchairs.

Speaking at the reception, The Lord Mayor celebrated the extraordinary work of all the charities receiving donations from the Hospital Saturday Fund. The Lord Mayor of Dublin Caroline Conroy, who nominated Aspire - Autism Spectrum

Association of Ireland, as her chosen charity, remarked that this donation will help towards the remodelling of their medication administration systems, which will provide a comprehensive and safe delivery of service.

Paul Jackson, Group Chief Executive of The Hospital Saturday Fund said: "We are delighted to continue the tradition of supporting many wide-ranging charities in Ireland, many of which are less well-known. The Hospital Saturday Fund is honoured to support the efforts of such deserving charities and help in some way towards the exceptional, tireless work that they do in making such a huge and positive difference to people's lives."

The reception also celebrated HSF health plan, a type of medical insurance product, and the 150th Anniversary of the founding of The Hospital Saturday Fund.

In 2023 the Hospital Saturday Fund will give €2.5 million in donations and grants to medical charities for care and research, hospices and hospitals across Ireland and the UK. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.



Charity Update



Children in Hospital Ireland



Margaret Rogers, GMC Member, The Hospital Saturday Fund met Anna Gunning, CEO, Children in Hospital Ireland, in the wonderful surroundings of St. Stephen's Green, Dublin to present their grant.

Since its establishment in 1970 Children in Hospital has sought to highlight the rights and welfare of children in hospital. CIH is widely recognised to have played an important role in influencing many positive changes that have occurred in hospital care for children in Ireland over recent decades. It was CIH who advocated for the right of parents to stay with their children in hospital.

Children in Hospital Ireland were awarded with €13,500.00 which enabled them to

proceed with their Paediatric Carer Wellness Project. This is a professionally facilitated group program that aims to help carers cope and develop resiliency by learning strategies to treat themselves with kindness and compassion during challenging times.

To find out more visit their website:
www.childreninhospital.ie/



Depaul



Cathal Nolan, GMC Member, The Hospital Saturday Fund presented Mairéad McHugh, DePaul a cheque for €12,250.80.

Depaul provides low threshold, specialist services for those experiencing homelessness. Since 2002 they have grown from a small Dublin-based charity to become a significant leader in the homeless sector addressing homelessness in the Republic of Ireland and Northern Ireland. Today, they manage thirty specialised accommodation and outreach services for people experiencing homelessness or who are at risk of homelessness in Dublin, Belfast, Dungannon and Derry/Londonderry. They provide over 550 bed spaces per night and last year supported over 4,000 people through accommodation and community-based services.

Cathal Nolan, GMC Member, The Hospital Saturday Fund, presented Mairéad McHugh from DePaul a cheque for €12,250.80 to replace 8 Automated External Defibrillators in eight homeless services which accommodate up to 316 people at any one time. Heart disease is the most common cause of death in Ireland and rates of cardiovascular disease disproportionately impact the homeless population.

To find out more visit their website:
www.ie.depaulcharity.org/



Dogs for the Disabled



Paul Jackson, Group Chief Executive, The Hospital Saturday Fund presented €10,000 towards a second training and support vehicle would help them to increase their charitable work.

Dogs for the Disabled is a unique charity founded in 2007, to improve the lives of children and adults with physical disabilities living in Ireland. The charity provides approximately 25 fully trained assistance dogs each year to disabled 'partners'. Every dog is trained to help with simple everyday tasks such as opening/closing doors, picking up dropped items. Each dog is trained to cater for specific needs, so the client is enabled to live life with greater independence. This increases confidence, encouraging 'partners' to take up new activities e.g., returning to work or further education. Dogs for the Disabled partnerships have resulted in life changing experiences for recipients.

To find out more, visit their website:
www.dogsfordisabled.ie/



Charity Update

Cork Cancer Connect CLG



Carol Falvey, GMC member, The Hospital Saturday Fund, met Helen O'Driscoll, Manager of Cancer Connect to award a grant of €13,500 for a free and flexible transport service to Cork Hospitals, for individuals receiving cancer treatments.

Cancer Connect is a community service established in 2011, managed by a voluntary Board of Directors. It is a unique transport service increasing access to cancer treatment, and alleviating the stresses and trauma involved,

and reducing barriers to obtaining treatment. Transport is delivered by a team of voluntary drivers based around the county, there are 320 active voluntary drivers on the panel currently. Drivers either use their own car,

or one of the 6 Cancer Connect owned vehicles to collect passengers. This is a door-to-door service, bringing passengers to their appointment and home again. Passengers are brought to radiotherapy treatments on a scheduled timetable developed with the relevant hospitals, and to chemotherapy and cancer related appointments on the passengers' own schedule. The service was initially conceived in response to local demand and grew at unprecedented speed. To date, over 40,000 journeys have been completed. Cancer Connect works closely with medical services county wide, and local palliative and radiotherapy units. HSF has helped to solve some of the current financial difficulties.

To find out more visit their website: www.cancerconnect.ie/



National Infertility Support and Information Group Ireland (NISIG)



Cal Healy, Trustee, The Hospital Saturday Fund presented Niamh Doyle, Cork Volunteer Facilitator, NISIG, Helen Browne, Co-Founder NISIG €12,400 for their Workshop Donor Disclosure Series.

NISIG was formed in 1982 by a small group of people experiencing infertility, NISIG originally provided peer-to-peer support for men and women going through infertility treatment cycles.

Fertility treatment in Ireland has improved over recent years but is still behind some other European Countries in terms of fertility treatments and regulation. For children who

have been conceived by sperm donor treatments, the fertility clinics and the Irish Government offer no support to the families involved.

The grant will enable them to deliver six workshops to 66 participants, providing a large enough sample size to run a series of statistical analyses. This will allow them to gather valuable data, with the goal of submitting the findings to a peer-reviewed journal. This would be a significant contribution to the field, as it would be the first study of its kind to establish if a psycho-social intervention is effective in equipping parents with the communication tools for engaging in healthy family dialogue with their child about his/her conception story.

To find out more visit their website: www.nisig.com/



Individual Grant



Rich received a grant in 2022 for €600.00 towards personal training sessions in Elite Fitness in Cork to help build strength to facilitate safe transfers to and from his wheelchair. Rich worked to maintain these PT sessions ever since he left the National Rehabilitation Hospital in Dun Laoghaire and The Hospital Saturday Fund grant helped support this financially.

Rich says "I have greatly benefitted from the sessions working on upper body strength as well as the expertise of the PT

regarding Injuries/long term care of my body. For example, I have had a number of minor shoulder and elbow pains and the PT has provided physio and got my shoulders and elbows 100% recovered whenever these have occurred. This gives me enormous peace of mind knowing I'm actively improving my strength while also knowing I have someone to help if I have an injury, and this will help preserve my independence for as long as I can in my life. Thank you!"

Charity Update



THE CHARITY TEAM

Paul Jackson
Group Chief Executive

Dee Wright
Charity and
Events Manager

Ana Vega
EA to the
Group Chief Executive

Joanna Moore
Boards Administrator

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The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people to afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF health plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF health plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2023 The Hospital Saturday Fund will give €2.5 million in donations and grants to medical charities, hospices and hospitals across Ireland, Malta and the UK. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

Grant Information

Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Isle of Man, Channel Islands, Malta and Republic of Ireland;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see the HSF website for criteria and link to the online application form:

www.hospitalsaturdayfund.org

Applications for Organisations:

GMC 26 January 2023

Standard Grants of £2,000 or €3,000 – deadline 4 January 2023

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2022

GMC 12 May 2023

Standard Grants of £2,000 or €3,000 – deadline 20 April 2023

Large Grants of up to max £10,000 or €13,500 – deadline 22 March 2023

GMC 8 August 2023

Standard Grants of £2,000 or €3,000 – deadline 13 July 2023

Large Grants of up to max £10,000 or €13,500 – deadline 15 June 2023

GMC 2 November 2023

Standard Grants of £2,000 or €3,000 – deadline 6 October 2023

Large Grants of up to max £10,000 or €13,500 – deadline 8 September 2023

GMC January 2024 (all dates for 2024 meetings to be confirmed in December 2023)

Standard Grants of £2,000 or €3,000 – deadline 4 January 2024

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2023



Contact us today and find out how we can help your company

www.hsf.ie 0818 473 473

Helping your employees with everyday health cost

With HSF health plan your employee can get affordable cover which includes HSF Assist, our Employee Assistance Programme, and covers their family at no extra cost.



HSF health plan Ltd is the trading company of The Hospital Saturday Fund, a Registered Charity in the UK No 112381 and in Ireland Registered Charity No 20104528. In Ireland HSF health plan Ltd is authorised and regulated as a Third Country Branch by the Central Bank of Ireland. Registered as Company no 904935, their registered office is at 5 Westgate Business Park, Killybegs Road, Ennis, Co. Clare. In the UK HSF health plan Ltd is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Registered as Company in England No 30869, their registered office is at 24 Upper Ground London SE1 9PD.