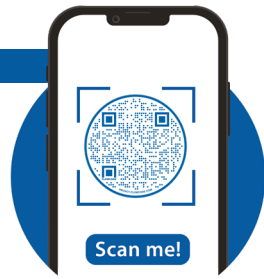


Charity Update



HELPING
YOUR
COMMUNITY
SINCE 1873

IN 2023, THE
HOSPITAL
SATURDAY FUND
WILL GIVE:

€2.5 MILLION

In donations and grants to medical charities for care and research, hospices and hospitals across the UK, Malta and Ireland.

Assistance will also be given to individuals whose illness or disability has caused financial difficulties.



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ISSUE 15 REPUBLIC OF IRELAND

DECEMBER 2023

Irish Embassy Reception



Paul Jackson, Group Chief Executive, The Hospital Saturday Fund, Lesley Garrett HSF Patron, Graham Norton, celebrity supporter of Bantry Hospice, Damian Moloney, Bantry Hospice, John Greenwood, Chair, The Hospital Saturday Fund and Ambassador Martin Fraser, Embassy of Ireland.

The reception, commemorating the 150th anniversary of The Hospital Saturday Fund, took place at the Irish Embassy in London and was hosted by Ambassador Martin Fraser. The Hospital Saturday Fund contributed a total of £160,000/€176,000 to thirty-one medical charities and organisations from Ireland and the UK during the event. The occasion was made more special with the presence of Graham Norton, a celebrity supporter of Bantry Hospice, who presented the donations. Lesley Garrett, the Patron of The Hospital Saturday Fund, actively participated in making the presentations to the recipient charities.

Bantry Hospice, one of the beneficiaries, will allocate HSF's grant towards their palliative care service in West Cork. The London Irish Centre's donation will support their Community Wellbeing & Health Navigation Programme. Spinal Injuries Ireland, another grant recipient, received funding towards their Peer-to-Peer Support Programme, while Irish Dogs for the Disabled will utilise the grant for physiotherapy medical equipment.

Cure Leukaemia received a grant to partially fund a Clinical Trials Research Nurse within the Trials Acceleration Programme, facilitating clinical trial delivery at the Queen Elizabeth Hospital in Birmingham. Teenage Cancer Trust's grant supports the Youth Empowerment Programme for the Northeast. Richard House Hospice's donation will be used to support respite and palliative care for children with life-limiting illnesses.

Paul Jackson, Group Chief Executive of The Hospital Saturday Fund said: "We are delighted to continue the tradition of supporting many charities in both Ireland and the UK, many of which are less well-known. The Hospital

Saturday Fund is honoured to support the efforts of such deserving charities and help in some way with the exceptional, tireless work that they do. We are delighted to have increased our grant-making funds to £2.3/€2.5 million to over 600 charities in Ireland and the UK over the last 12 months. This evening has been very special, as for the first time, we have been able to give grants to both Irish and British charities at the same reception and mark our commitment to supporting the communities in these countries for the past 150 years".

Jackson extended gratitude to the Irish Embassy for hosting the reception, considering it a fitting venue given the Fund's heritage. In 2023, The Hospital Saturday Fund plans to provide £2.3m/€2.5 million in donations and grants to medical charities for care and research, hospices, and hospitals across Ireland and the UK. Assistance will also be extended to individuals whose illness or disability has caused financial difficulties.

"We are also extremely grateful to the Irish Embassy for hosting this reception tonight. Considering our heritage, it is hard to imagine a more appropriate venue".



Charity Update



Muscular Dystrophy Ireland



Margaret Rogers, GMC Member, The Hospital Saturday Fund with Owen Collumb, Facilities Coordinator, David Bradley, Admin Support and Jimmy Murray, receptionist from Muscular Dystrophy Ireland.

The Muscular Dystrophy Society of Ireland (MDI), established in 1972 by a group of parents whose children had muscular dystrophy, is a voluntary organisation that sets up a support network for individuals with muscular dystrophy and their families. Muscular Dystrophy (MD) comprises a group of inherited genetic conditions that gradually weaken muscles, leading to an increasing level of disability. It is a progressive condition that eventually affects all muscles in the body and can become life-threatening by impacting the heart. Unfortunately, there is no cure for MD.

Muscular Dystrophy Ireland received €12,814.11 for smart upgrades to MDI's Home from Home Apartments at MDI House in West Dublin. The apartments will be transformed

into fully smart homes with the installation of smart technologies and devices that can be operated through voice commands or mobile applications. This significant enhancement will contribute to greater independence and freedom for those attending MDI House. Margaret Rogers, GMC Member at The Hospital Saturday Fund, met with the MDI team, who expressed their gratitude to HSF for enabling this crucial project to commence.

To find out more visit their website: www.childreninhospital.ie/



Siel Bleu



Cathal Nolan, GMC Member, The Hospital Saturday Fund Thomas McCabe, National Manager, Siel Bleu Ireland a grant of €13,500 towards delivering services to an additional 1,400 people, and expanding services nationally.

Siel Bleu was established in France in 1997 by two Sports Science students as a college project to demonstrate how adapted exercise programmes can meet the unmet need for preventative exercises for older adults. Following its success, the initiative continued, and the charity was formed, experiencing growth since. Similar operations have been established in various countries, including Ireland (2010), Spain, and Belgium.

The organisation primarily collaborates with older adults, patient groups, community organisations, and individuals living with physical and intellectual disabilities. They design programmes with a preventative approach to maximize benefits for all service users, promoting the autonomy and well-being of older people and those living with chronic

conditions. The goal is to ensure everyone has the capacity and self-confidence necessary for independent and happy lives.

Cathal Nolan, GMC Member at The Hospital Saturday Fund, visited Siel Bleu Ireland and presented Thomas McCabe, National Manager, with a grant of €13,500. This funding is directed towards hiring new staff members to deliver services to an additional 1,400 people and expanding services nationally.

To find out more visit their website: <https://www.sielbleu.ie>



Cork Life Centre



Cal Healy, Trustee, The Hospital Saturday Fund presenting Don O'Leary, Director, and Rachel Lucey, Deputy Director, Cork Life Centre a cheque for €5,000 towards the creation of a Group Work Space.

Cork Life Centre is a voluntary organisation that provides an alternative learning environment for young people who are outside the mainstream education system. The charity caters to children between the ages of 12-18 years who, for various reasons, have not thrived or coped in a mainstream educational setting. These reasons include mental illness, learning difficulties, autism, and poverty, with some students at the Centre also facing homelessness.

The Centre and its volunteer staff offer students 1:1 tuition and support them in preparing for state exams. The educational approach is holistic, emphasizing the social education of young people as much as the academic aspect.

Cal Healy, Trustee at The Hospital Saturday Fund, visited Cork Life Centre and presented Don O'Leary, Director, and Rachel Lucey, Deputy Director, with €5,000. This contribution is

directed towards creating a Group Workspace. With the support of HSF, a designated sensory space will be fitted out for young people, many of whom experience mental health challenges and/or autism. This initiative will have a significant positive impact on the entire community by providing a welcoming space for engaging in various activities that promote the positive mental health of both the staff and the student team.

Cork Life Centre



Charity Update

Active Connections



Carol Murphy, GMC Member, The Hospital Saturday Fund, presenting Ray Burke, CEO, Active Connections a cheque for €3,000 towards the training of staff to provide therapeutic support services.

Active Connections, established in April 2011, is a not-for-profit company dedicated to working with young people facing additional challenges, such as physical disabilities, intellectual disabilities, mental disabilities, or a neurodiverse diagnoses like autism. Since its inception, the charity has collaborated with both statutory and non-statutory agencies to deliver programs to young people and their families in the regions of Dublin, Cork, Tipperary, Kilkenny, Carlow, Wexford, and Waterford. The organisation aims to make adventure therapy available as an option for all young people in need and at risk in Ireland.

Active Connections received a €3,000 grant towards training staff to provide therapeutic

support services for individuals experiencing emotional difficulties. The Ember Camps demonstrate an incredible capacity to address the mental health care needs of complex participants. The Active Connections Team is committed to reducing the barriers that people with disabilities/emotional challenges face in accessing services and meeting the needs of the participants and their support networks.

To find out more visit their website: <https://www.activeconnections.ie>



Dochas Offaly Cancer Support Group



Paul Jackson, Group Chief Executive and Ana Vega, Executive Assistant, The Hospital Saturday Fund presenting John Conroy, Service Manager and Anne, Dochas Offaly Cancer Support Group with a cheque to €4,000 towards reflexology and massage therapy services for cancer patients.

Dochas Offaly Cancer Support Group offers counselling and complementary therapies to anyone affected by cancer, including their families and carers. Dochas aims to provide the highest quality holistic cancer support services to people throughout the Midlands of Ireland whose lives have been affected by cancer, with a geographical reach of approximately 200,000 people. These complementary treatments contribute to the individual's physical, mental, spiritual, and emotional well-being. The Hospital Saturday Fund awarded Dochas Offaly Cancer Support Group €4,000 towards their reflexology and massage therapy services for cancer patients in Dochas.

To find out more visit their website: <https://dochasoffaly.com>



Individual Grant Update



Cameron received a grant of €613 towards the purchase of an Empatica Embrace Epilepsy management watch. Additionally, the grant contributed towards home adaptations that enabled Cameron to live independently and safely in his new home.

"The grant I received from The Hospital Saturday Fund has helped me to transition to living independently in my own home. The grant was used to purchase an Empatica Embrace Epilepsy management watch which monitors seizures and will contact my chosen family member and give an update on my location when detecting seizure activity. The grant was also used to add assistive technology to my apartment using an Alexa, smart bulbs, and also adding safety options on my cooker. I was also able to purchase a Pimentel reminder watch which supports me in carrying out my day-to-day life. Without these items, I would have been

unable to move to my new apartment and begin my life living independently. I would like to thank everyone involved at the HSF for supporting me to achieve this major life goal."



Charity Update



THE CHARITY TEAM

Paul Jackson
Group Chief Executive

Dee Wright
Charity and
Events Manager

Ana Vega
EA to the
Group Chief Executive

Joanna Moore
Boards Administrator

Baldeep Thind
Charity Coordinator

Jenny Summerfield
Charity Administrator

Michelle Fletcher
Charity Coordinator



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The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people to afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF Health Plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF Health Plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2023 The Hospital Saturday Fund will give €2.5 million in donations and grants to medical charities, hospices and hospitals across Ireland, Malta and the UK. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

Grant Information

Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Isle of Man, Channel Islands, Malta and Republic of Ireland;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see The Hospital Saturday Fund's website for criteria and link to the online application form:

www.hospitalsaturdayfund.org

Applications for Organisations:

GMC 23 January 2024

Standard Grants of £2,000 or €3,000 – deadline 4 January 2024

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2023

GMC 24 May 2024

Standard Grants of £2,000 or €3,000 – deadline 1 May 2024

Large Grants of up to max £10,000 or €13,500 – deadline 3 April 2024

GMC 6 August 2024

Standard Grants of £2,000 or €3,000 – deadline 10 July 2024

Large Grants of up to max £10,000 or €13,500 – deadline 12 June 2024

GMC 17 October 2024

Standard Grants of £2,000 or €3,000 – deadline 23 September 2024

Large Grants of up to max £10,000 or €13,500 – deadline 27 August 2024

GMC January 2025 (all dates for 2025 meetings to be confirmed in December 2024)

Standard Grants of £2,000 or €3,000 – deadline 3 January 2025

Large Grants of up to max £10,000 or €13,500 – deadline 2 December 2024



Contact us today and find out how we can help your company

www.hsf.ie 0818 473 473

Helping your employees with everyday health cost

With HSF Health Plan your employee can get affordable cover which includes HSF Assist, our Employee Assistance Programme, and covers their family at no extra cost.

