

**HELPING  
YOUR  
COMMUNITY  
SINCE 1873**

*In 2019  
The Hospital Saturday Fund  
will give*

**£1.5 million**

*in donations and grants to  
medical  
charities for care and  
research, hospices and  
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*Assistance will also be given  
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# The Hospital Saturday Fund Charity Update

**Issue 6 UK**

**December 2018**

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## £100,000 donated to UK & Irish Charities at Irish Embassy

Twenty-six Irish and UK charities received donations from The Hospital Saturday Fund at a special reception in London recently. In total, £100k was donated to the medical charities and organisations at the event, held at the Irish Embassy in London and hosted by Deputy Head of Mission, Gerald Angley. The Hospital Saturday Fund was also pleased to welcome Alice Beer, Celebrity Supporter of Wormwood Scrubs Pony Centre, who helped to make the presentations.

Among the beneficiaries were Heart Children Ireland who received a grant towards their Family Psychology Support Service. London Irish Centre's grant will be put towards their Mind Yourself programme to support the physical and mental health of the London Irish Community. Another grant recipient was Bantry Hospice who will put HSF's grant monies towards their palliative care service in West Cork and the Royal College of Surgeons in Ireland received a medical elective grant to assist in the training of future doctors.

Wormwood Scrubs Pony Centre received a grant to provide more equine therapy sessions for disabled children and Pancreatic Cancer UK's grant will help them to learn more about the genetic causes of pancreatic cancer. Cork Life Centre's grant will be used to support the physical and mental wellbeing of young people aged 12-18 years.

Paul Jackson, Chief Executive of The Hospital Saturday Fund said: "We are delighted to continue the tradition of supporting many

charities in both Ireland and the UK, many of which are less well-known. The Hospital Saturday Fund is honoured to support the efforts of such deserving charities and help in some way towards the exceptional, tireless work that they do. We are delighted to have increased our grant making funds to £1.2 million to over 300 charities in Ireland and the UK over the last 12 months. This evening has been very special, as for the first time, we have been able to give grants to both Irish and British charities at the same reception".



*John Randel, Paul Jackson, Alice Beer, Gerald Angley, Shelley Whittington, John Greenwood, Paul Clare*

## Great Western Air Ambulance

Great Western Air Ambulance provide lifesaving critical care at the scene of a major trauma or medical emergency and HSF recently funded a portable ventilator. This will benefit patients with breathing problems, allowing them to stabilise or treat them before taking them to hospital, and giving them a better chance of survival.

They are the local air ambulance for Bristol, Bath and NE Somerset, Gloucestershire, South Gloucestershire, North Somerset and parts of Wiltshire.

In 2017 they were dispatched to 1,824 emergencies across their region. They provide medical cover 365 days a year.



*John Greenwood, HSF Chairman presenting a £10,000 cheque towards a portable ventilator.*

## Jo's Cervical Cancer Trust



Dee Wright, HSF Charity Coordinator, presenting a cheque for £4,000 to Emilia Carman, Head of Fundraising at Jo's Cervical Cancer Trust.

The Hospital Saturday Fund had the pleasure to present a £4,000 cheque to Jo's Cervical Cancer Trust towards their Hospital Liaison Service. This is a groundbreaking 3 year project offering a bespoke service to patients at each stage of the cervical cancer journey. The charity was established in 1999 by James Maxwell following the death of his wife Jo, in response to the lack of high quality information and support available for those suffering from the illness.

the impact for everyone affected by cervical abnormalities and cervical cancer.

Their board bring a diverse range of skills including medical expertise both through oncologists in secondary care and those working in primary care and screening, links to business to support their fundraising, communications and public affairs, a patient trustee to offer the personal perspective as well as the daughter of the charity's founder (who is a lawyer and again brings specific skills).

Their mission is to see cervical cancer prevented, and to reduce

## Terrence Higgins Trust

Dominic Fox, HSF Association Member recently presented a grant cheque to Terrence Higgins Trust to enable them to continue raising awareness about HIV so that people get the help they need.

Education. Each talk is the story of a personal journey. The Trust also delivers age and audience appropriate health messages. The diversity of their speakers questions assumptions about which individuals and communities are affected by HIV and its impact on their lives. The key message is 'being diagnosed with HIV can happen to anyone'.



Dominic Fox, HSF Association Member, presenting the grant cheque to Andrew Baker, Philanthropy Manager at Terrence Higgins Trust.

Terrence Higgins Trust is Britain's largest HIV and sexual health charity supporting people living with HIV, and all who have concerns about their sexual health. Positive Voices raises awareness about HIV and STI's with people living with HIV giving talks in schools/colleges and workplaces. By telling 'lived experience' personal stories, the project challenges HIV stigma and complements Sexual Health and Parenthood

The talks address stigma and challenge common myths about HIV. It is known that fear of a negative reaction following a disclosure to an employer can prevent employees from sharing their status, which can prevent or delay them receiving support.

## The Primrose Centre

Brian Abbott, HSF Association Member joined Louise Kent, HSF Charity Manager, at the Primrose Centre in Orpington, Kent to present Mary Sphinx, CEO with a grant cheque.

The grant of £8,000 was made towards reflexology sessions for those going through treatment for breast cancer. The charity provides a number of therapies for people with breast cancer and the HSF grant will ensure that 320 sessions can be provided in a year.



## Jude - Individual Grant Recipient

Meet Jude, a 10-year old boy with Cerebral Palsy, who is a beneficiary of an HSF grant to fund a specialist trike, to enable Jude to be more independent so he could go on bike rides with his friends and family.

Without a bespoke trike built specifically to his needs, cycling would not be a possibility for him. Jude's physiotherapist supported his application for a trike, saying "one of the best ways to improve and maintain his leg strength is through cycling which in turn should improve his walking ability".



## HSF Association Meeting, London

The Hospital Saturday Fund held its Association Meeting in London on 11 October 2018, at which they awarded grants totaling £26,000 to 8 charities.

HSF were very pleased to welcome leading burns specialist Simon Booth as their guest speaker at the event and following his presentation he received a grant of £5,000 towards his continuing research work. Mr Booth gave a fascinating presentation on his recent studies into whether those patients that received antibiotics to treat wound infection had sufficient levels of antibiotics to kill the infection. Low levels are insufficient to treat infection and will develop resistance. In 2017, Simon was successful in applying for funding from The Hospital Saturday Fund to continue

his studies and increase the number of centres who can send samples. His presentation described the background to his research and presented some of his findings.

HSF were also delighted to welcome Rennie Hoare, who is a descendent of Hamilton Hoare, a founding Partner of The Hospital Saturday Fund in 1873 and he gave an interesting talk on the shared history of the two organisations.

The meeting concluded with the presentation of grant cheques to Diabetes UK, East Anglian Air Ambulance, The Liver Group, The Multiple Sclerosis Trust, Ovacome, St Christopher's Hospice and Woking and Sam Beare Hospices.



*Simon Booth, Research Fellow, University of Brighton speaking at the Association Meeting*

## Spina Bifida Hydrocephalus Scotland

SBH has been established for over 50 years and was previously known as Scottish Spina Bifida Association. In 2015 they changed the name to Spina Bifida Hydrocephalus Scotland to better reflect all their existing service users and promote the current range of support, information and projects to new service users and healthcare professionals.

The organisation was created by parents; for parents and their children and seeks to increase public awareness and understanding of indi-

viduals with spina bifida and / or hydrocephalus and allied conditions. It aims to support all those affected to identify their needs and to empower them to make informed choices and decisions.

SBH were presented with a cheque for £9,761 towards providing a monthly Health & Well-being Clinic for young people and adults aged 16 and over affected by the long-term disabilities of spina bifida/hydrocephalus.



*Paul Clare, HSF health plan Managing Director, June Devlin, HSF health plan Business Development Officer with SBHS's, Sharon Levy, Clinical Nurse Specialist & John McConnachie, Trusts & Foundations Officer*

## Jewish Care Holocaust Survivors Centre

HSF recently made a grant of £7,300 to Jewish Care towards their activities programme at their Holocaust Survivors' Centre (HSC) in North London.

Jewish Care is the UK's largest Jewish social care charity and formed the HSC 24 years ago to support survivors of the Nazi concentration camps, providing support and contact with other survivors who have had similar traumatic experiences.

This contact is especially helpful those who lost their entire families in the holocaust.

All the members Louise and Lynne met were full of praise for the centre and said how much it helped them, being a home from home and providing much comfort.

*Louise Kent, HSF Charity Manager & Lynne Paine, HSF Matched/ Joint Funding Manager presenting the grant cheque to Marie and Ziggi at Jewish Care's HSC*





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### The Charity Team

**Paul Jackson**  
 Chief Executive

**Louise Kent**  
 Charity & Events  
 Manager

**Dee Wright**  
 Charity Co-ordinator

**Jo Moore**  
 Charity Administrator

**Lynne Paine**  
 Matched & Joint  
 Funding Manager

**Ana Vega**  
 PA to the  
 Chief Executive



The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people to afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF health plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF health plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2019 The Hospital Saturday Fund will give £1.5 million in donations and grants to medical charities, hospices and hospitals across the UK and Ireland. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

## Grant Information

### Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Isle of Man, Channel Islands and Republic of Ireland;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see the HSF website for criteria and link to the online application form:  
[www.hospitalsaturdayfund.org](http://www.hospitalsaturdayfund.org)

### Applications for Organisations:

The Grant Making Committee (GMC) meets quarterly. Applications should be submitted online by close of business on the deadline date. Here are the dates for 2019:

#### GMC 28 January 2019

Standard Grants of £2,000 or €3,000 – deadline 4 January 2019

Large Grants of up to max £10,000 or €13,500 – 1 December 2018

#### GMC 29 May 2019

Standard Grants of £2,000 or €3,000 – deadline 1 May 2019

Large Grants of up to max £10,000 or €13,500 – deadline 3 April 2019

#### GMC 12 August 2019

Standard Grants of £2,000 or €3,000 – deadline 15th July 2019

Large Grants of up to max £10,000 or €13,500 – deadline 17 June 2019

#### GMC 4 November 2019

Standard Grants of £2,000 or €3,000 – deadline 7 October 2019

Large Grants of up to max £10,000 or €13,500 – deadline 9 September 2019

#### GMC January 2020 (dates for 2020 to be confirmed in December 2019)

Standard Grants of £2,000 or €3,000 – deadline 6 January 2020

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2019

### Applications for Individuals:

Individual applications are accepted throughout the year on a rolling basis. See the guidelines on our website for further information.

Helping employees  
 with everyday health costs

Find out how HSF health plan can provide your  
 employees with affordable health cover.



Call 0800 917 2208

or email [enquiries@hsf.eu.com](mailto:enquiries@hsf.eu.com)