HELPING YOUR COMMUNITY SINCE 1873



# The Hospital Saturday Fund Charity Update

In 2019
The Hospital Saturday
Fund will give:

December 2018

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#### €1.7 million

in donations and grants
to medical
charities for care and
research, hospices and
hospitals across the UK
and Ireland.

Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

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# €100,100 donated to Irish & UK Charities at Irish Embassy

Twenty-six Irish and UK charities received donations from The Hospital Saturday Fund at a special reception in London recently. In total, €110k was donated to the medical charities and organisations at the event, held at the Irish Embassy in London and hosted by Deputy Head of Mission, Mr Gerald Angley. The Hospital Saturday Fund was also pleased to welcome Alice Beer, Celebrity Supporter of Wormwood Scrubs Pony Centre, who helped to make the presentations.

Among the beneficiaries were Heart Children Ireland who received a grant towards their Family Psychology Support Service. London Irish Centre's grant will be put towards their Mind Yourself programme to support the physical and mental health of the London Irish Community. Another grant recipient was Bantry Hospice who will put HSF's grant monies towards their palliative care service in West Cork and the Royal College of Surgeons in Ireland received a medical elective grant to assist in the training of future doctors.

Wormwood Scrubs Pony Centre received a grant to provide more equine therapy sessions for disabled children and Pancreatic Cancer UK's grant will help them to learn more about the genetic causes of pancreatic cancer. Cork Life Centre's grant will be used to support the physical and mental wellbeing of young people aged 12-18 years.

Paul Jackson, Chief Executive of The Hospital Saturday Fund said: "We are delighted to continue the tradition of supporting many charities in both Ireland and the UK, many of which are less well-known. The Hospital Saturday Fund is honoured to support the efforts of such deserving charities and help in some way towards the exceptional, tireless work that they do. We are delighted to have increased our grant making funds to €1.4 million to over 300 charities in Ireland and the UK over the last 12 months.

"This evening has been very special, as for the first time, we have been able to give grants to both Irish and British charities at the same reception".



John Randel, Paul Jackson, Alice Beer, Gerald Angley, Shelley Whittington, John Greenwood, Paul Clare

#### **Feliecain**



Cathal Nolan, HSF Grant Making Committee, presenting the cheque to Aisling Cregan of Feliecain.

Féileacáin is an NGO, not for profit organisation supporting anyone affected by the death of a baby, either during pregnancy or after birth. They are mainly run by volunteers, with two paid staff.

They are introducing early loss Memory Boxes for hospitals, they provide every hospital in the ROI with their services.

Their running costs include supply and distribution of Memory Boxes, Cuddle Cots, running support meetings & counselling, postal costs, fundraiser costs ie t-shirts & leaflets and training days for hospital staff and volunteers.

They also run workshops for bereaved families, incorporating arts & crafts into a therapeutic workshop. They run these separately for adults and children. Each year they supply approximately 800 Memory Boxes, they hold around 100 Support Meetings and around 500 counselling sessions 1:1.

Cathal Nolan, HSF Grant Making Committee member, had great pleasure in presenting a cheque for €2,700 towards memory boxes, counselling, hospital training, hand prints, cuddle cots, hospital training, support meetings all free of charge to bereaved families.

# **Cork University Hospital**

Type I Diabetes affects 3,000 children in Ireland and is diagnosed from 6 months of age upwards and as yet has no cure. The condition requires intensive medical management with daily injections of insulin and the child relies heavily on family and peer support to prevent lifethreatening acute medical emergencies. Children can feel isolated, different to their peers and become rebellious as there is no holiday from this condition, it is 24/7 - 365 days a year.

Being with friends of the same age with the same condition at annual summer camps is a lifeline for these children. activities with and without their parents but always with medical supervision. They work with Diabetes teams in hospitals across Ireland and they support their efforts by giving their time and expertise, often free of charge.

The aim of the camp is to help the children to gain confidence in managing their diabetes. There are many scheduled activities and challenges organised for these children throughout the day. There is onsite 24/7 medical personnel who are available for the children at all times. Children can discuss their insulin pumps, medical devices and they can share their stories, tips and experiences.

HSF were pleased to award a grant of €13,50 towards CUH Children's Unit Diabetes Summer Camps.

"The HSF's generosity will allow children of Munster affected by diabetes to prosper, thank you so very much for your facilitating this".

Carol Murphy, HSF Grant Making Committee, presenting the cheque for €13,500 to Cork University Hospital.



# **Acquired Brain Injury**

Margaret Rogers, HSF Grant Making Committee Member met Jonathan Power at their centre in Dublin and presented a cheque to Jonathan and one of their clients, Patrick.

Jonathan was very pleased to receive a cheque for €3,340 from The Hospital Saturday Fund for their Raizer Chair.

Acquired Brain Injury are looking forward to purchasing the chair which will make life so much

easier for both client and carer. Most importantly, it will lead to dignity and respect for the person requiring assistance following a fall.

Jonathan informed Margaret that they are hoping to roll out this project across the country following a trial period. This would not be possible without the support they have received from HSF. This project is to trial a new system of supporting people who have fallen within their services and return people to a standing position with dignity and respect.



Margaret Rogers, HSF Grant Making Committee Member, presenting €3,340 to Acquired Brain Injury

#### **Arthritis Ireland**

Arthritis is a condition that affects almost one million people in Ireland, from new-born babies through to the elderly. It is the single biggest cause of disability in Ireland and has a hugely negative impact on people's lives by taking away their ability to do basic, everyday things. Arthritis Ireland is dedicated to working with people with arthritis.

The charity provides support to people living with all rheumatic and musculoskeletal diseases and related conditions which affect peoples 'ability to live well. Arthritis Ireland funds pioneering research to increase the knowledge base and use

that knowledge to transform the lives of people living with the disease.

The Charity works with some of the best Universities in Ireland including Trinity and UCD.

The organisation also educates healthcare professionals and provides information to people living with arthritis, their families and carers.

Paul Jackson and Lynne Paine met Gráinne O'Leary, Chief Executive and Brian Lynch, Head of Communications & Advocacy to present a grant cheque for €10,236 towards their 'Hard to Reach' programme



Lynne Paine, HSF Matched/Joint Funding Manager presenting the cheque to Arthritis Ireland

# **Individual Grant Recipient**

Philip suffered a massive stroke which left him with dense weakness and he is now reliant on a wheelchair full-time. He needs the support of one person to transfer himself around and full support with personal care and with all aspects of his life.

Phil spent one year in hospital while his house was being adapted as his bathroom and bedroom were upstairs. Phil was awarded €900 by HSF towards a dual motor riser recliner chair.

"On behalf of Philip and myself, I just want to thank you again for your kindness. This chair will make a huge difference to Phil's life".





24 Upper Ground London SEI 9PD Tel: 020 7202 1365 Fax: 020 7928 0446 Email: charity@hsf.eu.com www.hospitalsaturdayfund.org

#### The Charity Team

**Paul Jackson Chief Executive** 

**Louise Kent Charity & Events Manager** 

**Dee Wright Charity Co-ordinator** 

Jo Moore **Charity Administrator** 

**Lynne Paine** Matched/Joint Funding **Manager** 

> **Ana Vega** PA to the **Chief Executive**



The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by neers in social and philanthropic work to help people to afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF health plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF health plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2019 The Hospital Saturday Fund will give €1.7 million in donations and grants to medical charities, hospices and hospitals across Ireland and the UK. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

### **Grant Information**

Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Isle of Man, Channel Islands and Republic of Ireland:
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see the HSF website for criteria and link to the online application form: www.hospitalsaturdayfund.org

# **Applications for Organisations:**

The Grant Making Committee (GMC) meets quarterly. Applications should be submitted online by close of business on the deadline date. Here are the dates for 2019:

GMC 28 January 2019

Standard Grants of £2,000 or €3,000 - deadline 4 January 2019

Large Grants of up to max £10,000 or €13,500 - 1 December 2018

GMC 29 May 2019

Standard Grants of £2,000 or €3,000 - deadline 1 May 2019

Large Grants of up to max £10,000 or €13,500 - deadline 3 April 2019

GMC 12 August 2019

Standard Grants of £2,000 or €3,000 - deadline 15th July 2019

Large Grants of up to max £10,000 or €13,500 - deadline 17 June 2019

GMC 4 November 2019

Standard Grants of £2,000 or €3,000 - deadline 7 October 2019

Large Grants of up to max £10,000 or €13,500 - deadline 9 September 2019

GMC January 2020 (dates for 2020 to be confirmed in December 2019)

Standard Grants of £2,000 or €3,000 - deadline 6 January 2020

Large Grants of up to max £10,000 or €13,500 - deadline 1 December 2019

#### Applications for Individuals:

Individual applications are accepted throughout the year on a rolling basis. See the guidelines on our website for further information.

# Helping employees with everyday health care costs

With HSF health plan your employees can get affordable health cover which includes HSF Assist," our Employee Assistance Programme and covers their family at no extra cost.











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