

HELPING  
YOUR  
COMMUNITY  
SINCE 1873

In 2017 the Hospital  
Saturday Fund gave:

**£1 million**

in donations and grants to  
medical  
charities for care and  
research, hospices and  
hospitals across the UK and  
Ireland.

Assistance will also be given  
to individuals whose illness  
or disability has caused  
financial difficulties.

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# The Hospital Saturday Fund Charity Update

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## HSF act as CHAMPION in the Big Give Christmas Challenge!

The Hospital Saturday Fund (HSF) was a 'Champion' for 39 Charities in the Big Give Christmas Challenge 2017. We doubled our chosen Charities' fundraising amounts, raised between the 28<sup>th</sup> November and 5<sup>th</sup> December, by £100,000. Overall £11.3 million was raised during this period. The Christmas Challenge is the UK's biggest on-line match funding campaign which helps UK-registered charities raise funds for their cause.

Paul Jackson, Chief Executive of the Hospital Saturday Fund said: "We were delighted to be a partner in this exciting initiative and have the opportunity to assist 39 charities with

their vital work. We were delighted to see such an amazing outcome to the Christmas Challenge and look forward to hearing how the charities have benefited".

Alex Day, Director of the Big Give said: "We're delighted to be working with the Hospital Saturday Fund for the first time on this year's Christmas Challenge. Thanks to their generous contribution, donations to medical-related projects are being doubled when the campaign kicks off on 28th November. Supporters are inspired to give to a charity of their choice by seeing their donation make twice the impact and we're looking forward to



## HSF Association Meeting

On 11th October 2017 The Hospital Saturday Fund held its Association meeting in London, awarding 8 charities a total of £26,000.

HSF were very pleased to have leading eye surgeon Professor Robert MacLaren of the University of Oxford as their special guest speaker at the event. Following his presentation he received a grant of £5,000 for his research programme at the University. Professor MacLaren gave a fascinating presentation on recent truly ground-breaking research being conducted at the University of Oxford, in particular their retinal gene therapy programme for which the OCT microscope, which HSF has helped to fund, has proved so vital.



Additional grants of £3,000 were also presented to the following organisations towards their work – 4Sight, Alexander Devine Children's Hospice, Child Brain Injury Trust, Headway East London, Mildmay Mission Hospital, Phab, and Richard House Children's Hospice.

James Maxwell, Direct Marketing Manager at HSF health plan, gave a very insightful presentation on his role, and the conclusion of the event saw a presentation of birthday cake to honour HSF Life Member Dorothy Denton on the occasion of her 90th birthday.

Above: Professor MacLaren speaking at the meeting

## The Hospital Saturday Fund, supports Dementia UK's Helpline to reach more people than ever.



"Dementia UK provides specialist support to families living with dementia through Admiral Nurses. When things get challenging or difficult, our Admiral Nurse work alongside families, giving one-to-one support, expert guidance and practical solutions that can be hard to find elsewhere. They work in communities across the country and everyday on our Helpline.

Over the past four months since the Hospital Saturday Fund's generous donation, our Helpline nurses have helped more people than ever before – 4,427 families in total. That is 14% more families than the same time last year and over twice the number three years ago.

With the help of the Hospital Saturday Fund we can be there to support them when they need us most".

## Wormwood Scrubs Pony Centre Visit

by Paul Jackson

John Greenwood, Ana Vega, Baldeep Thind and I visited the Wormwood Scrubs Pony Centre on 6th October 2017, to present a cheque for £10,000 towards the funding of specialist qualified riding coach for disabled children.

The Centre Provided riding and equine therapy for children, specialising in those with special issues and physical disabilities. Over the years the Pony Centre has grown from three ponies and hand-built stables to a professional establishment that houses 20 horses and ponies.

We met Sister Mary-Joy Langdon, Director and Founder of the Charity, Martin Clunes and Alice Beer, Celebrity Supporter. Sister Mary-Joy gave me a tour of the Centre which included a special meeting room where parents can catch up and watch their children ride. I met some of the children who use the Pony Centre. One couldn't fail to be impressed by the passion and commitment of Sister Mary-Joy. I asked Martin why he had become patron of the Wormwood Scrubs Pony Centre. He explained that he had been amazed by the effect the Centre had on children. Martin knew of children who could now walk due to the therapeutic influence of riding ponies.



## Epilepsy Scotland – Lighthouse Activity

"The donation received from the Hospital Saturday Fund allowed Epilepsy Scotland to provide the best support possible to service users in the group. During the summer months we took the group to Loch Lomond for a boat trip, followed by lunch. In the absence of this additional funding, we still would have organised this boat trip; however, to keep costs down, we would have been forced to travel by bus and then by train. Instead, we used part of the HSF donation to hire a minibus which improved the day significantly.

It gave us more time to enjoy our day, but it also meant that service-users could relax and did not have to worry about having a seizure at the train station and possibly missing the train.

The HSF donation has allowed us to make small, yet significant improvements to the activities we offer service-users. Please accept our sincerest thanks for this generous donation".



## Silverfit

Paul Jackson visited Silverfit in Burgess Park, London to present a cheque for £3,000 towards its fitness and well-being project for elderly people. The charity was one of the successful applicants for the Hospital Saturday Fund's joint funding project with London Catalyst.

Silverfit is a charity aimed at encouraging wellbeing and fitness for the over 45s – promoting happier, healthier ageing. They organise many events and social activities in a number of locations, encouraging people to take up fitness regardless of ability and background. Eddie Brocklesby founded Silverfit in 2013. After an un-sporty youth, Eddie herself started running at the age of 50, and in 2015 at the age of 72, she became the oldest British woman to complete an Ironman Triathlon.

Having experienced the benefits of exercise herself she is passionate about raising awareness of the benefits of



exercise for the over 45s. Through Silverfit she hopes to help the older population to find a way to take regular exercise that they enjoy, thus reducing the costs of Britain's ageing population and helping members to live life to the full; independently and happily.

## Latin American Disabled People's Project



Paul Jackson, Ana Vega and Antonio Ochoa visited the Latin American Disabled People's Project in South London to present a cheque for £1,500 towards its wellbeing and mental illness project. The Charity was one of the successful applicants for the Hospital Saturday Fund's joint funding project with London Catalyst. Victor Willmott, Director of London Catalyst also attended the cheque presentation.

Latin American Disabled People's Project is the only organisation in London devoted to serving disabled people from Latin America, Europe and Africa, whose first language is Spanish or Portuguese, as well as their carers, families, and communities.

Latin American Disabled People's Project began in 1989 as a community group, formed by people (and carers) living with disabilities and health concerns. The majority of beneficiaries were asylum seekers or refugees, as well as people migrating from Spain and Portugal to settle in the UK. Language difficulties, the lack of knowledge on welfare benefits and difficulties in accessing health services were just some of the barriers that large sections of this community encountered.

The Charity's services and projects include information, training, advice, advocacy, volunteering opportunities and social and cultural events. The ultimate goal of the charity is to improve the quality of life for its beneficiaries.

## University of Brighton

Paul Jackson was delighted to visit University of Brighton to present a cheque for £10,000 towards research into antibiotic levels in burn wounds.

He met Simon Booth and Dr Brian Jones at the University's School of Pharmacy and Biomolecular Sciences. The School specialises in education and research in the fields of pharmacy, biology, biomedical sciences, chemistry and ecology. Simon is a research fellow at the University, but also works as a burns expert at the Queen Victoria Hospital in East Grinstead, which is a specialist NHS hospital providing life-changing reconstructive surgery, burns care and rehabilitation services for people across the South of England.

Simon is carrying out some world-first research into the effectiveness of antibiotics in treating burn wounds. This is incredibly important as up to 40% of burns become infected, which could be "over-treated" with antibiotics.





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## The Charity Team

**Paul Jackson**  
Chief Executive

**Louise Kent**  
Charity & Events  
Manager

**Margaret Potter**  
Charity &  
Fundraising  
Administrator

**Dee Wright**  
Charity Co-ordinator

**Ana Vega**  
PA to the  
Chief Executive

**Nimrah Mahmood**  
Charity Team  
Apprentice



The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people to afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF health plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF health plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2017 the Hospital Saturday Fund will give £1,000,000 in donations and grants to medical charities, hospices and hospitals across the UK and Ireland. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

Dear Reader,

As you are aware by supporting The Hospital Saturday Fund you contribute to some of the most exciting health and wellbeing projects across the UK and Ireland. With your continuous support our work has grown substantially with annual grant totals growing from £200,000 to £1,000,000 over the last 10 years. Your support has also allowed us to increase the number of grants given annually from 170 to 270 thus reaching even more worthwhile causes and positively impacting more people's lives year on year. Whilst this is incredible, especially as our cover also supports major medical charities in the UK and Ireland, numerous smaller charities and individuals with exceptional specific needs, we want to do more!!! We would like to give to more than 30% of those who apply today. We would truly like to give to 100% of applicants including both big & small groups, UK & Irish charities, individuals, research and medical electives.

**Please help by donating or partnering with us today! You can do so through our website, our Facebook page or by calling the Charity Team who will be delighted to share ideas with you.**



### HOW TO APPLY FOR GRANTS (via [www.hospitalsaturdayfund.org](http://www.hospitalsaturdayfund.org))

#### Applications from Organisations

The Grant Making Committee (GMC) meets quarterly. Applications should be submitted online by close of business on the following dates:

GMC 29 January 2018

Standard Grants of £2,000 or €2,700 – deadline 5 January 2018

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2017

GMC 21 May 2018

Standard Grants of £2,000 or €2,700 – deadline 23 April 2018

Large Grants of up to max £10,000 or €13,500 – deadline 26 March 2018

GMC 13 August 2018

Standard Grants of £2,000 or €2,700 – deadline 16 July 2018

Large Grants of up to max £10,000 or €13,500 – deadline 18 June 2018

GMC 5 November 2018

Standard Grants of £2,000 or €2,700 – deadline 8 October 2018

Large Grants of up to max £10,000 or €13,500 – deadline 10 September 2018

#### Applications from Individuals

Individual applications are accepted throughout the year on a rolling basis. See the guidelines on our website for further information.

Helping employees  
with everyday health costs

Find out how HSF health plan can provide your  
employees with affordable health cover.



Call 0800 917 2208

or email [enquiries@hsf.eu.com](mailto:enquiries@hsf.eu.com)