

HELPING
YOUR
COMMUNITY
SINCE 1873

224 UK charities
awarded over
£628,000 in grants
during 2016

and

67 UK individual
applicants
awarded
grants in 2016

Inside this issue:

£29,000 donated to
charities at HSF's
Association Meeting 1

Counselling service
funded for cancer
patients 1

New 3D Microscope 2
to save sight of
those suffering with
Choroideremia

Voice-output and 2
eye-gaze equipment
to support people
with complex
disabilities

Supporting our 2
future doctors with
Medical Elective
Programmes

The Prince of 3
Wales hosts
Abbeyfield's 60th
anniversary
reception

Funding for hospice 3
at home service

Crucial training for 3
air ambulance
critical care team

About HSF 4



The Hospital Saturday Fund Charity Update

Issue 2 UK

December 2016

£29,000 donated to charities at Association Meeting

On 13th October 2016 The Hospital Saturday Fund held its Association Meeting in London, awarding 9 charities a total of £29,000. HSF was very pleased to have Theodora Children's Charity as their guest speaker at the event and they received a grant of £5,000 presented by John Greenwood, HSF Chairman. Theodora train professional performers, called Giggle

Doctors, to provide magical moments of fun for more than 30,000 sick and disabled children in hospital, hospices and specialist day care centres in England each year. The Giggle Doctors' visits improve well-being in the children, reduce distress and anxiety which allow the children and their families moments of respite to take their minds off the medical environment. Founder Jan

Poulie and Giggle Doctor Suzy Harvey (aka Dr Dovetail) were the inspirational speakers at the meeting.

Additional grants of £3,000 were also presented to the following organisations for their important work – the **A-T Society, Epilepsy Lifestyle, The Eve Appeal, Parkinson's UK, Princess Alice Hospice, The SMA Trust, St Raphael's Hospice and Whizz-Kidz.**

Below: John Greenwood, HSF Chairman presenting the cheque to Theodora's



"All the Giggle Doctors have been absolutely fantastic, they change the atmosphere and for the time that they are present they help Maisie to have such a fun and memorable time. She really has a 'giggle' and as a parent that is great to see".

Charlotte Skinner, parent

Below: Suzy Harvey "Giggle Doctor" Dr Dovetail



Counselling service funded for cancer patients

The Hospital Saturday Fund was delighted to award a grant to the Mulberry Centre to help provide a high quality professional counselling service for people affected by cancer. The grant paid for 44 professional supervision sessions for volunteer counsellors. This in turn enabled counsellors to provide an expert service where they can support clients and be supported themselves.



Client feedback from the counselling service:

" a very valuable service, my counsellor was lovely and easy to speak with. Today I feel better inwardly than I did several weeks ago"

"I have stopped crying and worrying. I am looking forward to a better tomorrow".

New 3D microscope to save the sight of those suffering from Choroideremia



In November 2016 The Hospital Saturday Fund, Fight for Sight and National Eye Research Centre visited the John Radcliffe Eye Hospital to attend the launch event for a 3D microscope to save the sight of people who suffer from Choroideremia and other eye conditions. The Hospital Saturday Fund made two grants towards the purchase of the microscope, £10,000 through Fight for Sight and £2,000 via the National Eye Research Centre. The microscope will make

the gene therapy much safer and more effective. Fight for Sight funds pioneering research to prevent sight loss and to treat eye disease in adults and children. Each year, the Charity provides a range of funding opportunities for research teams based in the UK who are attached to recognised academic or medical institutions. Fight for Sight is the UK's largest

funder of eye research.

The National Eye Research Centre funds research into the causes and treatments of eye disease, sight loss and blindness. They publish the results of that research in order to stimulate further research advances in ophthalmology. The charity was formed in 1986 and has invested over £14 million into eye research at leading UK centres of excellence in ophthalmology.

Major steps with voice-output and eye-gaze technology

Treloar's, one of the UK's most prominent centres in the UK for young people with disabilities was delighted to receive generous funding from Hospital Saturday Fund. This funding enabled Trelour's to purchase a Tellus 5 voice-output communication aid with Alea eye-gaze technology to offer students access to the most suitable and current technology to enable them to express their thoughts and feelings, sometimes for the first time.

The equipment has been set up in different ways to meet the needs of each student, and has been used in individual therapy sessions, in class and in social situations. For example:

"Phoebe (pictured) has cerebral palsy, a visual impairment and no speech, she has been using the Tellus 5 in class via auditory scanning with a head switch to try out communication programmes and

different access methods. This is a major step towards Phoebe's ability to communicate for herself".



HSF support our future doctors funding medical elective programmes



Above: The cheque presentation

Medical students at the University of Nottingham will be benefitting from £10,000 funding from the Hospital Saturday Fund towards undertaking medical elective training placements overseas in the final year of their medical degree. The final module in Nottingham's standard five year BMBS medical degree course is a 'transition to practice'

during which students undertake a minimum six weeks work at their elective placement. This placement in addition to the minimum six weeks duration must include at least 240 hours of verifiable patient contact giving aspiring doctors their first experience of life in a clinical environment and helping them develop the professional skills.

The funding is particularly important for students from disadvantaged backgrounds who would otherwise struggle to fund their placements.

The University of Nottingham was founded in 1881 and today, Nottingham is ranked in the UK's leading 10 universities for medicine.

The Prince of Wales hosts Abbeyfield 60th anniversary reception

The Hospital Saturday Fund attended a reception at St James's Palace on 16th November to mark the 60th anniversary of Abbeyfield. HRH The Prince of Wales hosted the event and he was treated to a special rendition of Happy Birthday, led by singer and television presenter Aled Jones and joined by over 180 guests. The reception was the Prince's first public engagement since his 68th birthday, the day before. The Prince has been the Patron of Abbeyfield for nearly 40 years. Abbeyfield is a charitable housing organisation. Its mission is to provide the best service of care and housing for all residents, and to be a champion for older people.

From a humble start in South London, Abbeyfield has grown over the years from the whole of the UK to a worldwide presence. Currently, it has operations in eight territories outside the UK spread over five continents and includes countries such as Australia, Belgium, Canada, Mexico, South Africa and New Zealand. Part of the Abbeyfield Group includes the Abbeyfield Research Foundation, that supports research into the development of high quality health services for older people.



Above: Paul Jackson, HSF CEO, meets HRH Prince of Wales

Funding for palliative hospice at home service

Rennie Grove Hospice Care received a grant for £2,000 towards the hospice at home service. With the funding, five nursing teams have been able to provide specialist palliative care to patients with cancer and life-limiting illnesses.

Approximately 90 nurses made 19,661 visits to ensure patients received the care and treatment required to stay at home comfortably with their families for their final days.

As well as scheduled visits, the nurses responded to crisis calls from

patients and carers throughout the day and night, always ensuring that patients' symptoms are managed and pain is controlled.

Health Care Assistants provided respite visits to ensure that carers and family members received a much needed break while they were on hand, to assist patients with emotional and practical support.

“The nurses were incredible, reassuring, helpful and patient. Their support during the night made a tremendous difference to both me and my late wife, thank you so much”.

Crucial training for air ambulance critical care team

The Great Western Air Ambulance Charity was grateful to receive £10,000 from the Hospital Saturday Fund towards providing a crucial Introductory course with the Royal College of Surgeons of Edinburgh to six new members of their critical care team. The charity has now carried out over 15,000 missions since its formation in 2008. When the GWAAC was formed, Bristol was the only major city in the UK that did not have a dedicated air ambulance service. Their helicopter emergency medical service responds to

patients that are critically ill within the communities of Bristol, Bath and North Somerset, South Gloucestershire and parts of Wiltshire carrying a critical paramedic (CCP) and doctor, alongside specialist equipment and drugs not found on an ordinary road ambulance.

It is estimated that one in five of the most critically ill patients would not have survived if it were not for the critical care team.



About The Hospital Saturday Fund



24 Upper Ground
London SE1 9PD
Tel: 020 7202 1365
Fax: 020 7928 0446
Email: charity@hsf.eu.com

The Charity Team

Paul Jackson
Chief Executive

Louise Kent
Charity & Events
Manager

Ana Vega
Charity Co-ordinator

Jane Allen
PA to the Chief
Executive



The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people to afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF health plan, one of the leading health cash plans in the UK and Ireland. Profits from the trading company, HSF health plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made. In 2016 the Hospital Saturday Fund will give £900,000 in donations and grants to medical charities, hospices and hospitals across the UK and Ireland. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

Grant Information

Who can apply:

The Hospital Saturday Fund is a registered charity whose aims are to provide assistance through its charitable funds for:

- Registered medical health charities which are in need of grants for medical projects, care, research or in support of medical training within the United Kingdom, Isle of Man, Channel Islands and Republic of Ireland;
- Individuals with a medical condition or disability who would benefit from assistance with the purchase of specialised equipment or from particular forms of treatment.

For how to apply see the HSF website for full details of the criteria:
www.hospitalsaturdayfund.org

Applications from Organisations

The Grant Making Committee (GMC) meets quarterly. Applications should be submitted online by close of business on the following dates:

GMC 30 January 2017

Standard Grants of £2,000 or €2,700 – deadline 1 January 2017

Large Grants of up to max £10,000 or €13,500 – deadline 1 December 2016

GMC 5 June 2017

Standard Grants of £2,000 or €2,700 – deadline 8 May 2017

Large Grants of up to max £10,000 or €13,500 – deadline 10 April 2017

GMC 14 August 2017

Standard Grants of £2,000 or €2,700 – deadline 17 July 2017

Large Grants of up to max £10,000 or €13,500 – deadline 19 June 2017

GMC 6 November 2017

Standard Grants of £2,000 or €2,700 – deadline 9 October 2017

Large Grants of up to max £10,000 or €13,500 – deadline 11 September 2017

Applications from Individuals

Individual applications are accepted throughout the year on a rolling basis. See the guidelines on our website for further information.

**For information on
HSF health plan
please contact:
0800 917 2208**

Helping Employees Helping the Community

With HSF health plan your employees can get affordable health cover which includes HSF Assist[®] our Employee Assistance Programme and HSF Helpline our discount and advice service, all including cover for their family at no extra cost.

All those who join HSF health plan, just by belonging, are making a contribution to the impact of the charity, not something which usually happens when an insurance policy is taken out.

Benefits include:

- Dental
- Hospital
- Hospital Stay
- Prescription
- GP Consult
- Prescription Service
- Discounted Cinema
- Discounted Shopping
- Discounted Gym Membership
- Savings on Days Out

CALL NOW

For more information on HSF health plan or to join HSF health plan call 0800 917 2208 or visit www.hsf.eu.com

HSF health plan is a member of the **peribac** group.